Lansing
(G) V Cross Country

Coaches:

- Mia Cote, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2026	Tue	Regular Season	Notre Dame, Elmira, Tioga @ Trumansburg	5:00 PM		Stadium Field	**Bus/Driver:** Trip #25351/352	**Departure Point:** LHS **Departure Time:** 3:15 PM	L
Sep 15, 2026	Tue	Regular Season	Candor (Candor), Southern Cayuga, Elmira Heights	5:00 PM		Lansing HS			L
Sep 22, 2026	Tue	Regular Season	Dryden, Groton, Moravia, Odessa-Montour @ Trumansburg	5:00 PM		Stadium Field	**Bus/Driver:** Trip #25374/75	**Departure Point:** LHS **Departure Time:** 3:00 PM	L
Oct 28, 2026	Wed	Post-Season (IAC Championships)	@ Marathon	4:00 PM		Appleby E S	**Bus/Driver:** Trip #25447 **Class Dismissal:** 1:45 PM	**Departure Point:** LHS **Departure Time:** 2:00 PM	L
Nov 2, 2026	Mon	Practice (Sectional Course Preview)	N/A	1:00 PM		Chenango Valley State Park	**Bus/Driver:** Trip #25450	**Departure Point:** LHS **Departure Time:** 11:30 AM	
Nov 5, 2026	Thu	Post-Season (Sectionals)	@ TBD	11:00 AM		Chenango Valley State Park		**Departure Point:** LHS **Departure Time:** 7:30 AM	L

Date: 2026-11-18