

Coaches:

- Jacob Warner, Head Coach
- Corey McCormick

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME I	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:00 PM		JCHS Small Gym	
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 G PM (JCHS Small Gym	
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 c	JCHS Small Gym	
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 c	JCHS Small Gym	
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 8, 2023	Fri	Practice	N/A	3:00 PM		JCHS Small Gym	
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 G	JCHS Small Gym	
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 G PM (JCHS Small Gym	
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 G	JCHS Small Gym	
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 G	JCHS Small Gym	
Dec 16, 2023	Sat	Regular Season	Vestal, Maine- Endwell, Union- Endicott, Binghamton, Ithaca, Elmira, Corning- Painted Post @ Horseheads	10:00 AM		HHS Middle School Field House Gym	Departure Point: HS Departure Date: Dec 16, 2023 Departure Time: 7:30 AM Return Date: Dec 16, 2023 Return Time: 2:45 PM
Dec 18, 2023	Mon	Practice	N/A	3:00 PM		JCHS Small Gym	
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 G	JCHS Small Gym	
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 c	JCHS Small Gym	
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 c	JCHS Small Gym	
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 C	JCHS Small Gym	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 8, 2024	Mon	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 11, 2024	Thu	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 13, 2024	Sat	Regular Season	Norwich, Oneonta, Susquehanna Valley, Vestal, Maine- Endwell, Union- Endicott, Binghamton @ Windsor	9:30 AM		Windsor High School	Departure Date: Jan 13, 2024 Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	L
Jan 16, 2024	Tue	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 19, 2024	Fri	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 23, 2024	Tue	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 27, 2024	Sat	Regular Season (Modified Wrestling Invite)	Vestal, Maine- Endwell, Binghamton, Union- Endicott, Chenango Forks, Chenango Valley, Owego Apalachin, Waverly	9:00 AM		JC HS Large Gym		L
Jan 29, 2024	Mon	Practice	N/A	3:00 PM		JCHS Small Gym		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	РМ	JCHS Small Gym		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	РМ	JCHS Small Gym		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	РМ	JCHS Small Gym		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM		JCHS Small Gym		
Feb 3, 2024	Sat	Regular Season (Wyckoff/Riddell Wrestling Invitational)	@ TBD	9:00 AM	3:00 PM	Binghamton High School- Gym	Departure Date: Feb 3, 2024 Departure Time: 7:30 AM Return Date: Feb 3, 2024 Return Time: 3:00 PM	NL

DATE	WEEK DAY	OPPONENTS	START END LOCATION TRANSPORTATION / NON- LEAGUE
Feb 5, 2024	Mon Practice	N/A	3:00 5:00 JCHS Small PM PM Gym
Feb 6, 2024	Tue Practice	N/A	3:00 5:00 JCHS Small PM PM Gym
Feb 7, 2024	Wed Practice	N/A	3:00 5:00 JCHS Small PM PM Gym
Feb 8, 2024	Thu Practice	N/A	3:00 5:00 JCHS Small PM PM Gym
Feb 9, 2024	Fri Practice	N/A	3:00 5:00 JCHS Small PM PM Gym

Date: 2024-05-01