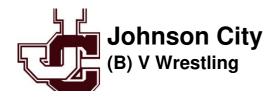
Coaches:

- Todd Place, Head Coach
- Quentin Pappadakis, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 19, 2022	Sat	Practice	N/A	12:00 PM	1:30 PM	JCHS Small Gym		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 21, 2022	Mon	Scrimmage (Wrestling Assessment)	@ TBD	5:30 PM	6:00 PM	High School - Gym	Departure Point: HS Departure Date: Nov 21, 2022 Departure Time: 4:45 PM Return Date: Nov 21, 2022 Return Time: 6:45 PM	NL
Nov 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 23, 2022	Wed	Practice	N/A	9:00 AM	12:30 PM	JCHS Small Gym		
Nov 25, 2022	Fri	Practice	N/A	9:00 AM	10:30 AM	JCHS Small Gym		
Nov 26, 2022	Sat	Practice	N/A	12:00 PM	1:30 PM	JCHS Small Gym		
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Dec 1, 2022	Thu	Regular Season 5-66 L	@ Binghamton	6:30 PM	9:00 PM	Binghamton High School-Gym		L
Dec 2, 2022	Fri	Regular Season (Clyde Cole Wrestling Tournament)	@ TBD	3:30 PM		Oxford High School Gym	Departure Point: HS Departure Date: Dec 2, 2022 Departure Time: 3:00 PM Return Date: Dec 2, 2022 Return Time: 9:00 PM	NL



DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 3, 2022	Sat	Regular Season (Clyde Cole Wrestling Tournament)	@ TBD	8:00 AM		Oxford High School Gym		Departure Point: HS Departure Date: Dec 3, 2022 Departure Time: 7:00 AM Return Date: Return Time: 7:00 PM	NL
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 8, 2022	Thu	Regular Season 3-46 L	@ Ithaca	6:30 PM	9:00 PM	IHS Bliss Gym (C149)			L
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 10, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	JCHS Small Gym			
Dec 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 13, 2022	Tue	Regular Season 0-77 L	Horseheads	6:30 PM	9:00 PM	JC HS Large Gym			L
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
POSTPONED Dec 15, 2022	Thu	Regular Season	@ Elmira	6:30 PM	9:00 PM	EHS Gym			L
Dec 19, 2022	Mon	Regular Season	Elmira @ Union- Endicott	5:00 PM	9:00 PM	UEHS Main Gym		Departure Time: 4:00 PM	L
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 21, 2022	Wed	Regular Season 0-66 L	Maine- Endwell	6:30 PM	9:00 PM	JC HS Large Gym			L
Dec 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 29, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Dec 30, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 2, 2023	Mon	Practice	N/A	8:00 AM	9:00 AM	JC HS Weight Room			
Jan 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 3, 2023	Tue	Regular Season 6-30-60 L	Corning- Painted Post @ Union- Endicott	PM	9:00 PM	UEHS Main Gym			L
Jan 4, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 5, 2023	Thu	Regular Season 9-60 L	@ Union- Endicott	6:30 PM	9:00 PM	UEHS Main Gym		Departure Time: 4:15 PM	L
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
Jan 7, 2023	Sat	Regular Season (Stan Elinsky Wrestling Tournament)	@ TBD	7:00 AM		Deposit Elementary School Gym		Departure Time: 6:15 AM	NL
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 13, 2023	Fri	Regular Season (Southern Tier Memorial Wrestling Tournament)	@ TBD	8:00 AM		First Arena	Bus/Driver: 10 Passenger Van	Departure Time: 7:00 AM	NL
Jan 14, 2023	Sat	Regular Season (Southern Tier Memorial Wrestling Tournament)	@ TBD	7:00 AM		First Arena		Departure Time: 6:30 AM	NL
Jan 17, 2023	Tue	Regular Season 12-66 L	Vestal	6:30 PM	9:00 PM	JC HS Large Gym			L
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 20, 2023	Fri	Post-Season (STAC Championship)	@ TBD	5:00 PM	8:30 PM	OFA Gymnasium	Bus/Driver: 10 seater Transit	Departure Point: HS Departure Date: Jan 20, 2023 Departure Time: 3:00 PM Return Date: Jan 20, 2023 Return Time: 8:30 PM	NL
Jan 21, 2023	Sat	Post-Season (STAC Championship)	@ TBD	9:00 AM	6:00 PM	OFA Gymnasium		Departure Point: HS Departure Date: Jan 21, 2023 Departure Time: 6:00 AM Return Date: Jan 21, 2023 Return Time: 6:00 PM	NL
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 27, 2023	Fri	Regular Season (Girls Wrestling Invitational)	@ TBD	9:00 AM	5:00 PM	SRC Arena - Onondaga Community College	Bus/Driver: Suburban	Departure Point: HS Departure Time: 8:00 AM Return Date: Return Time: 6:00 PM	NL
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym			
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	5:00	JCHS Small Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 1, 2023	Wed	Regular Season	Delaware Academy (WDA)	6:00 PM	8:00 PM	JC HS Large Gym		NL
Feb 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 11, 2023	Sat	Post-Season (Section IV Championship)	@ TBD	TBD		Floyd L. Maines Veterans Memorial Arena	Departure Point: HS Departure Date: Feb 11, 2023 Departure Time: 6:30 AM Return Date: Feb 11, 2023 Return Time: 7:00 PM	NL

Date: 2024-05-10