



Johnson City

(G) V Winter Track

Coaches:

- Eric Putman, Head Coach
- Eric Mastroianni, Asst Coach
- Brittany Carpenter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 16, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 17, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 18, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 19, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 22, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 23, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 24, 2021	Wed	Practice	N/A	10:00 AM	11:30 AM	JC HS Weight Room			
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Nov 30, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 5, 2021	Sun	Regular Season (Ithaca Bombers Invitational)	@ TBD	3:00 PM		Ithaca College	Departure Point: HS		NL
							Departure Time: 1:15 PM		
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 7, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 9, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 10, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 13, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 14, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 15, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 16, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 18, 2021	Sat	Regular Season (607 Invitational)	@ TBD	2:00 PM		Cortland State		Departure Point: HS Departure Time: 12:00 PM	NL
Dec 20, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 21, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Dec 27, 2021	Mon	Practice	N/A	10:00 AM	12:00 PM	JC HS Weight Room			
Dec 28, 2021	Tue	Practice	N/A	10:00 AM	12:00 PM	JC HS Weight Room			
Dec 29, 2021	Wed	Regular Season (Quinney Invitational)	@ TBD	2:00 PM		Cortland State		Departure Point: HS Departure Time: 12:00 PM Return Date: Return Time: 8:00 PM	NL
Jan 3, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 4, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 8, 2022	Sat	Regular Season (Winterfest Invitational)	@ TBD	1:00 PM		Cortland State		Departure Point: HS Departure Time: 11:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 13, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 15, 2022	Sat	Regular Season (Section IV Classic)	@ TBD	2:00 PM		Cortland State	Departure Point: HS		NL
Jan 18, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 19, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 20, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 24, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 25, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 28, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Jan 31, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 1, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 2, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 3, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 5, 2022	Sat	Regular Season	@ TBD	9:00 AM		TBD	Bus/Driver: Suburban	Departure Point: HS	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 7, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 8, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 9, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 10, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 11, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 19, 2022	Sat	Regular Season (Indoor Track Sectionals)	@ TBD	5:45 PM	10:00 PM	Cortland State			
							Departure Point: HS		
							Departure Date: Feb 19, 2022		
							Departure Time: 4:00 PM		NL
							Return Date: Feb 19, 2022		
							Return Time: 11:00 PM		
Feb 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 23, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 24, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Feb 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Mar 1, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Mar 2, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Mar 3, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 4, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room			
Mar 5, 2022	Sat	Regular Season (Indoor Track State Meet)	@ TBD	TBD	TBD		Departure Point: HS		NL

Date: 2024-05-11