

## Coaches:

- Eric Putman, Head Coach
- Eric Mastroianni, Asst Coach
- Juliana Tobin, Asst Coach

DATE	WEEK DAY	ТУРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 5, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 6, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 8, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 9, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 13, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 15, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 16, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 19, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 20, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 26, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 27, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 29, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Nov 30, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 1, 2018	Sat	Regular Season (607 Invitational)	@ TBD	5:00 PM		Cortland State	<b>Departure Time:</b> 3:00 PM	L
Dec 8, 2018	Sat	Regular Season (Bomber Invitational)	@ TBD	9:00 AM		Ithaca College	<b>Departure Time:</b> 3:00 PM	L
Dec 15, 2018	Sat	Regular Season (Finger Lakes Invite)	@ TBD	9:00 AM		Cortland State	<b>Departure Time:</b> 3:00 PM	L
Dec 21, 2018	Fri	Regular Season (Section IV Classic)	@ TBD	5:00 PM	8:00 PM	Cortland State	<b>Departure Time:</b> 3:00 PM	L
Jan 4, 2019	Fri	Regular Season (Quinney Invite)	@ TBD	5:00 PM		Cortland State	<b>Departure Time:</b> 3:00 PM	L
Jan 7, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 8, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 10, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 11, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 14, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 15, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 17, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 18, 2019	Fri	Regular Season (Hurley Invitational)	@ TBD	5:00 PM		Ithaca College	<b>Departure Time:</b> 3:00 PM	L
Jan 22, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
POSTPONED Jan 24, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 25, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 28, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
POSTPONED Jan 29, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
POSTPONED Jan 31, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 1, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 4, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 5, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 7, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 8, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 11, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
POSTPONED Feb 12, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 14, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 15, 2019	Fri	Regular Season (Class Meet/Sectionals)	@ TBD	5:00 PM		Ithaca College	<b>Departure Time:</b> 3:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 19, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 21, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 22, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 23, 2019	Sat	Regular Season (State Qualifier)	@ TBD	9:00 AM		Cornell University	<b>Departure Time:</b> 7:00 AM	L
Feb 25, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 26, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 28, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 1, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 2, 2019	Sat	Regular Season (NY State Meet)	@ TBD	TBD		Staten Island, NY	<b>Departure Time:</b> 3:00 PM	L

Date: 2025-12-28