



# Johnson City (G) V Winter Track

## Coaches:

- Eric Putman, Head Coach
- Eric Mastroianni, Asst Coach
- Brittany Carpenter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 6, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 7, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 9, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 13, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 14, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 16, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 17, 2017	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 20, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 21, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 25, 2017	Sat	Regular Season (Large School Invite)	TBD	1:00 PM		SUNY Cortland Track	<b>Departure Point:</b> HS <b>Departure Time:</b> 11:00 AM	L
Nov 27, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 28, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Nov 30, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 1, 2017	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 4, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 5, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 7, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 8, 2017	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2017	Sat	Regular Season (Ithaca Bombers Invite)	@ TBD	9:00 AM	3:00 PM	Ithaca College	<b>Departure Point:</b> HS <b>Departure Time:</b> 7:00 AM	L
Dec 11, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 12, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 14, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 15, 2017	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 15, 2017	Fri	Regular Season (607 Invite)	@ TBD	5:00 PM	10:00 PM	Ithaca College	<b>Departure Point:</b> HS <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	L
Dec 18, 2017	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 19, 2017	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 21, 2017	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Dec 22, 2017	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 2, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 4, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 8, 2018	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 9, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 11, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 12, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 18, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 19, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 19, 2018	Fri	Regular Season (Hurley Invite)	@ TBD	5:00 PM	10:00 PM	Ithaca College	<b>Departure Point:</b> HS <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	L
Jan 22, 2018	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 23, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 25, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 26, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 29, 2018	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Jan 30, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 1, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 2, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 3, 2018	Sat	Regular Season (Sectionals)	@ TBD	9:00 AM	3:00 PM	TBD	<b>Departure Point:</b> HS <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	L
Feb 5, 2018	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 6, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 8, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 9, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 12, 2018	Mon	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 13, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 15, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 20, 2018	Tue	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 22, 2018	Thu	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 23, 2018	Fri	Practice	N/A	2:30 PM	4:30 PM	JC HS Weight Room		
Feb 24, 2018	Sat	Regular Season (State Qualifier)	@ TBD	9:00 AM	3:00 PM	TBD	<b>Departure Point:</b> HS <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	L

Date: 2024-05-04