



Johnson City

(B) 7/8TH Swimming/Diving

Coaches:

- Alex Sprague-Getsy, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 5, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 13, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 16, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 18, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 19, 2024	Thu	Regular Season	Horseheads	5:30 PM	7:30 PM	JC HS Pool		L
Dec 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 27, 2024	Fri	Practice	N/A	11:00 AM	1:00 PM	JC HS Pool		
Jan 9, 2025	Thu	Regular Season	Horseheads @ Maine-Endwell	5:30 PM	7:30 PM	Maine-Endwell HS Pool	Departure Point: Pool door Departure Time: 4:30 PM	L
Jan 13, 2025	Mon	Regular Season	Maine-Endwell @ Vestal	5:30 PM	7:30 PM	Vestal High School Pool	Departure Time: 4:15 PM	L
Jan 16, 2025	Thu	Regular Season	Corning-Painted Post, Windsor	5:30 PM	7:30 PM	JC HS Pool		L
Jan 23, 2025	Thu	Regular Season	Vestal	5:30 PM	7:00 PM	JC HS Pool		L
Jan 30, 2025	Thu	Regular Season	Union-Endicott @ Vestal	5:30 PM	7:30 PM	Vestal High School Pool	Departure Point: Pool door Departure Time: 4:15 PM	L
Feb 4, 2025	Tue	Regular Season	Chenango Forks, Owego Apalachin	5:30 PM	7:00 PM	JC HS Pool	Departure Point: HS	NL
Feb 7, 2025	Fri	Regular Season (M-E Modified Invite)	Corning-Painted Post, Owego Apalachin @ Maine-Endwell	4:00 PM		Maine-Endwell HS Pool		L

Date: 2025-12-08