



Johnson City

(B) 7/8TH Swimming/Diving

Coaches:

- Alex Sprague-Getsy, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 30, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 7, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 9, 2021	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 13, 2021	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 14, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 15, 2021	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 16, 2021	Thu	Regular Season	Horseheads, Union-Endicott	5:30 PM	7:00 PM	JC HS Pool		L
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Dec 20, 2021	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 21, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 3, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 4, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 5, 2022	Wed	Regular Season	TBD @ Maine-Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Pool		L
Jan 6, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 10, 2022	Mon	Regular Season	Union-Endicott @ Vestal	5:30 PM	7:00 PM	Vestal High School Baseball Field	Departure Point: HS Departure Time: 4:30 PM Return Date: Return Time: 7:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2022	Tue	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Jan 12, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 13, 2022	Thu	Regular Season	Corning-Painted Post, Owego Apalachin	5:30 PM	7:00 PM	JC HS Pool		L
Jan 14, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 18, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 19, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 20, 2022	Thu	Regular Season	Vestal @ Owego Apalachin	5:30 PM	7:00 PM	OFA Pool		L
Jan 21, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 24, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 25, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 26, 2022	Wed	Regular Season	Vestal @ Maine-Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Pool	Departure Point: HS Departure Time: 4:30 PM	L
Jan 28, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 31, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Feb 1, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Feb 2, 2022	Wed	Regular Season	Chenango Valley	5:30 PM	7:00 PM	JC HS Pool		NL
Feb 3, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Feb 7, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Feb 8, 2022	Tue	Regular Season	Binghamton @ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool		NL

Date: 2025-12-07