



Johnson City

(B) 7/8TH Swimming/Diving

Coaches:

- Alex Sprague-Getsy, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 14, 2018	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 15, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 16, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 10, 2018	Mon	Regular Season	Chenango Forks	5:30 PM	7:00 PM	JC HS Pool		L
Dec 13, 2018	Thu	Regular Season	Susquehanna Valley	5:30 PM	7:00 PM	JC HS Pool		L
Jan 7, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 8, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 9, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 10, 2019	Thu	Regular Season	Chenango Valley	5:30 PM	7:00 PM	JC HS Pool		L
Jan 11, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Jan 12, 2019	Sat	Practice	N/A	9:00 AM	11:00 AM	JC HS Pool		
Jan 14, 2019	Mon	Regular Season	@ Elmira	5:00 PM		EDA Pool		L
Jan 15, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 16, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 16, 2019	Wed	Regular Season	Binghamton	5:30 PM	7:00 PM	JC HS Pool		L
Jan 17, 2019	Thu	Regular Season	@ Horseheads	5:30 PM		HHS HS Pool		NL
Jan 18, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 22, 2019	Tue	Regular Season	Windsor	5:30 PM	7:00 PM	JC HS Pool		L
Feb 1, 2019	Fri	Regular Season	Chenango Forks	5:30 PM	7:00 PM	JC HS Pool		L
Feb 5, 2019	Tue	Regular Season (meet)	Norwich @ Chenango Valley	5:30 PM	7:00 PM	CV - HS Pool	Departure Time: 4:15 PM Return Date: Return Time: 7:00 PM	L

Date: 2026-01-21