



Johnson City

(B) 7/8TH Swimming/Diving

Coaches:

- Alex Sprague-Getsy, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 14, 2017	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 15, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 16, 2017	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 17, 2017	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 18, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 20, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 21, 2017	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 22, 2017	Wed	Practice	N/A	9:00 AM	11:30 AM	JC HS Pool		
Nov 24, 2017	Fri	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 25, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 27, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 28, 2017	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 29, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Nov 30, 2017	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 1, 2017	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 2, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Dec 4, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 5, 2017	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 6, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 7, 2017	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 8, 2017	Fri	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Dec 9, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Dec 11, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 12, 2017	Tue	Regular Season	Chenango Forks	5:30 PM	7:00 PM	JC HS Pool		L
Dec 13, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2017	Thu	Regular Season	@ Susquehanna Valley	5:30 PM		SVHS Pool		L
Dec 15, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 16, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Dec 18, 2017	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 19, 2017	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 20, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 21, 2017	Thu	Regular Season	Maine-Endwell	5:30 PM	7:00 PM	JC HS Pool		L
Dec 22, 2017	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Dec 23, 2017	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Dec 27, 2017	Wed	Practice	N/A	11:00 AM	1:00 PM	JC HS Pool		
Dec 29, 2017	Fri	Practice	N/A	11:00 AM	1:00 PM	JC HS Pool		
Jan 2, 2018	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 3, 2018	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 4, 2018	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 6, 2018	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Jan 8, 2018	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 9, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 10, 2018	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 11, 2018	Thu	Regular Season	@ Chenango Valley	5:30 PM	7:00 PM	CV - HS Pool		L
Jan 12, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 15, 2018	Mon	Practice	N/A	9:00 AM	11:30 AM	JC HS Pool		
Jan 17, 2018	Wed	Regular Season	Corning-Painted Post	5:30 PM	7:00 PM	JC HS Pool		L
Jan 18, 2018	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 19, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 22, 2018	Mon	Regular Season	Southern Cayuga	5:30 PM	7:00 PM	JC HS Pool		NL
Jan 23, 2018	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		
Jan 24, 2018	Wed	Regular Season	Chenango Valley, Norwich	5:30 PM	7:00 PM	JC HS Pool		L
Jan 25, 2018	Thu	Practice	N/A	3:00 PM	4:15 PM	JC HS Pool		
Jan 26, 2018	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION		LEAGUE / NON- LEAGUE
							NON- LEAGUE	LEAGUE	
Jan 27, 2018	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool			
Jan 29, 2018	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Jan 30, 2018	Tue	Regular Season	@ Windsor	5:00 PM		Windsor High School		L	
Jan 31, 2018	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Feb 1, 2018	Thu	Regular Season	@ Chenango Forks	5:30 PM		High School - Pool		L	
Feb 2, 2018	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool			

Date: 2026-01-21