



Johnson City

(B) 7/8TH Swimming/Diving

Coaches:

- Christi McCoy, Head Coach
- Gregg Veech, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 14, 2023	Thu	Regular Season	Horseheads, Waverly	5:30 PM	7:30 PM	JC HS Pool		L
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Jan 31, 2024	Wed	Regular Season	Corning-Painted Post, Windsor	5:30 PM	7:30 PM	JC HS Pool	L
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	
Feb 9, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool	

Date: 2024-05-17