

## Coaches:

- Kristen Tocheny, Head Coach
- Ashlee Kohlbach, Asst Coach

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 5, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 6, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 7, 2018	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 8, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 9, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 10, 2018	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 12, 2018	Mon	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 13, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 14, 2018	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 15, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 16, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 19, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 20, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 21, 2018	Wed	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Nov 26, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 27, 2018	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 28, 2018	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 29, 2018	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 30, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Dec 1, 2018	Sat	Practice	N/A	9:00 AM	12:00 PM	JC HS Pool		
Dec 7, 2018	Fri	Regular Season 112-54 W	@ Owego Apalachin	4:30 PM	6:30 PM	OFA Pool	Departure Point: HS Departure Time: 4:00 PM	L
Dec 12, 2018	Wed	Regular Season 107-74 W	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	Departure Point: HS Departure Time: 4:00 PM	NL
Dec 14, 2018	Fri	Regular Season 92-80 W	@ Binghamton	5:30 PM	7:30 PM	East Middle School Pool	Departure Point: HS Departure Time: 4:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 18, 2018	Tue	Regular Season 77-106 L	@ Vestal	5:30 PM	7:30 PM	Vestal High School Baseball Field	Departure Point: HS Departure Time: 4:00 PM	L
Dec 21, 2018	Fri	Regular Season 96-89 W	Union-Endicott	5:30 PM	7:30 PM	JC HS Pool		L
Dec 28, 2018	Fri	Regular Season (Invite) 99-488-50-73-65 L	Norwich, Windsor, Susquehanna Valley @ Chenango Valley	10:00 AM		CV - HS Pool		L
Jan 4, 2019	Fri	Regular Season (Watkins Glen Invitational)	@ TBD	4:30 PM	10:00 PM	Watkins Glen HS	Departure Point: HS Departure Time: 1:00 PM	L
Jan 7, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 8, 2019	Tue	Regular Season 81-59 W	Greene	5:30 PM	7:00 PM	JC HS Pool		NL
Jan 9, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 10, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 11, 2019	Fri	Regular Season	Maine-Endwell	4:30 PM	7:30 PM	JC HS Pool		L
Jan 12, 2019	Sat	Practice	N/A	9:00 AM	11:00 AM	JC HS Pool		
Jan 14, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 15, 2019	Tue	Regular Season	Oneonta	5:30 PM	7:00 PM	JC HS Pool		NL
Jan 16, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 17, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 18, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Jan 18, 2019	Fri	Regular Season (John Beecher Invitational - Diving only)	@ TBD	5:15 PM	10:00 PM	Ernie Davis Academy	<b>Departure Point:</b> HS	L
Jan 26, 2019	Sat	Regular Season (John Beecher Invitational - Swimming)	@ TBD	10:15 AM	3:00 PM	Ernie Davis Academy	Departure Point: HS Departure Time: 7:45 AM Return Date: Return Time: 3:00 PM	L
Jan 28, 2019	Mon	Regular Season	@ Norwich	5:30 PM		NHS Pool		L
Feb 1, 2019	Fri	Regular Season 70-112 L	@ Chenango Valley	5:30 PM	7:00 PM	TBD		NL
Feb 11, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
POSTPONED Feb 12, 2019	<sup>o</sup> Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Feb 13, 2019	Wed	Regular Season (Sectionals)	@ TBD	4:30 PM	8:00 PM	Owego	Departure Point: HS Departure Time: 2:00 PM Return Date: Return Time: 7:00 PM	L

DATE	WEE! DAY	<sup>K</sup> TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 14, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Feb 15, 2019	Fri	Practice	N/A	10:00 AM	11:30 AM	JC HS Pool		
Feb 15, 2019	Fri	Regular Season (Sectionals - Divers only)	@ TBD	10:30 AM	3:00 PM	Watkins Glen HS	Departure Point: HS Departure Time: 6:45 AM Return Date: Return Time: 2:00 PM	L
Feb 16, 2019	Sat	Regular Season (Sectionals)	@ TBD	2:00 PM	7:00 PM	Watkins Glen HS	Departure Point: HS Departure Time: 11:00 AM Return Date: Return Time: 8:00 PM	L

Date: 2024-04-23