



Johnson City

(B) V Swimming/Diving

Coaches:

- Kristen Tocheny, Head Coach
- Ashlee Kohlbach, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 25, 2023	Sat	Practice	N/A	10:00 AM	11:00 AM	JC HS Weight Room		
Nov 25, 2023	Sat	Practice	N/A	11:00 AM	12:30 PM	JC HS Pool		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 9, 2023	Sat	Regular Season (JC Relays - Diving)	TBD	10:00 AM	12:00 PM	JC HS Pool		NL
Dec 9, 2023	Sat	Regular Season (JC Relays)	TBD	1:30 PM	5:00 PM	JC HS Pool		NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 19, 2023	Tue	Regular Season 83-96 L	Vestal	5:30 PM	8:00 PM	JC HS Pool		L
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Dec 22, 2023	Fri	Practice	N/A	3:15 PM	6:00 PM	JC HS Pool		

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Dec 26, 2023	Tue	Practice	N/A	10:30 AM	1:00 PM	JC HS Pool		
Dec 27, 2023	Wed	Practice	N/A	10:30 AM	1:00 PM	JC HS Pool		
Dec 28, 2023	Thu	Practice	N/A	10:30 AM	1:00 PM	JC HS Pool		
Dec 30, 2023	Sat	Practice	N/A	10:30 AM	1:00 PM	JC HS Pool		
Jan 2, 2024	Tue	Practice	N/A	3:15 PM	6:00 PM	JC HS Pool		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 19, 2024	Fri	Regular Season 80-96 L	Union-Endicott	5:30 PM	8:00 PM	JC HS Pool		L
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 25, 2024	Thu	Regular Season 98-82 W	Susquehanna Valley	5:30 PM	7:00 PM	JC HS Pool		NL
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Jan 30, 2024	Tue	Regular Season 96-64 W	Binghamton	5:30 PM	8:00 PM	JC HS Pool		L
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	6:00 PM	JC HS Pool		
Feb 1, 2024	Thu	Regular Season 79-99 L	Horseheads	5:30 PM	8:00 PM	JC HS Pool		L
Feb 20, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 21, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 22, 2024	Thu	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 23, 2024	Fri	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 24, 2024	Sat	Practice	N/A	10:00 AM	12:30 PM	JC HS Pool		
Feb 26, 2024	Mon	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		

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Feb 27, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 28, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		
Feb 29, 2024	Thu	Practice	N/A	4:00 PM	6:30 PM	JC HS Pool		

Date: 2024-05-01