

## Coaches:

- Christi McCoy, Head Coach
- Nicole Petta

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TEND TIME	LOCATION	TRANSPORTATION	LEAGUE / I NON- LEAGUE
Aug 26, 2024	Mon	Practice (Optional practice w/Varsity)	N/A	2:30 PM	5:30 PM	JC HS Pool		
Aug 27, 2024	Tue	Practice (Optional practice w/Varsity)	N/A	2:30 PM	5:30 PM	JC HS Pool		
Aug 28, 2024	Wed	Practice (Optional practice w/Varsity)	N/A	2:30 PM	5:30 PM	JC HS Pool		
Aug 29, 2024	Thu	Practice (Optional practice w/Varsity)	N/A	2:30 PM	5:30 PM	JC HS Pool		
Aug 30, 2024	Fri	Practice (Optional practice w/Varsity)	N/A	2:30 PM	5:30 PM	JC HS Pool		
Sep 5, 2024	Thu	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Sep 6, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 9, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 10, 2024	Tue	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 11, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 12, 2024	Thu	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 13, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 16, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 17, 2024	Tue	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Sep 18, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 19, 2024	Thu	Regular Season	Binghamton, Owego Apalachin	5:30 PM	7:30 PM	JC HS Pool		NL
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 23, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 24, 2024	Tue	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 25, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 26, 2024	Thu	Regular Season	Chenango Forks @ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	Departure Time: 4:30 PM	NL
Sep 27, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Sep 30, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 1, 2024	Tue	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Oct 2, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 3, 2024	Thu	Regular Season	Chenango Valley @ Binghamton	5:30 PM	7:30 PM	East Middle School Pool	Departure Time: 4:30 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 4, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 7, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 8, 2024	Tue	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 9, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 10, 2024	Thu	Regular Season	Windsor, Susquehanna Valley	5:30 PM	7:30 PM	JC HS Pool		NL
Oct 11, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 15, 2024	Tue	Practice	N/A	3:00 PM	4:00 PM	JC HS Pool		
Oct 16, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 17, 2024	Thu	Regular Season	Corning-Painted Post @ Union-Endicott	5:30 PM	7:30 PM	UEHS Pool		NL
Oct 18, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	JC HS Pool		
Oct 24, 2024	Thu	Regular Season (ME Invite)	@ TBD	5:00 PM	7:00 PM	TBD	Departure Point: HS Departure Date: Oct 24, 2024 Departure Time: 4:15 PM Return Date: Oct 24, 2024 Return Time: 7:00 PM	NL

Date: 2025-12-31