

Coaches:

- Christi McCoy, Head Coach
- Nicole Petta

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | : TRANSPORTATION | LEAGUE / I NON- LEAGUE |
|--------------|-------------|----------|---------------------------------------|---------------|-------------|---------------|--------------------------------|---|------------------------------|
| Aug 29, 2022 | Mon | Practice | N/A | 2:30 PM | PM | JC HS Pool | | | |
| Aug 30, 2022 | Tue | Practice | N/A | 2:30 PM | 3:30 PM | JC HS Pool | | | |
| Aug 31, 2022 | Wed | Practice | N/A | 2:30 PM | 3:30 PM | JC HS Pool | | | |
| Sep 1, 2022 | Thu | Practice | N/A | 2:30 PM | 3:30 PM | JC HS Pool | | | |
| Sep 2, 2022 | Fri | Practice | N/A | 2:30 PM | 3:30 PM | JC HS Pool | | | |
| Sep 7, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 8, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 9, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 12, 2022 | Mon | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Sep 13, 2022 | Tue | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Sep 14, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 15, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 16, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 19, 2022 | Mon | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Sep 20, 2022 | Tue | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Sep 21, 2022 | Wed | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Sep 22, 2022 | Thu | | Binghamton @ Owego Apalachin | 5:30 PM | 7:30 PM | OFA Pool | Bus/Driver: Suburban | Departure Point: HS Departure Date: Sep 22, 2022 Departure Time: 4:15 PM Return Date: Sep 22, 2022 Return Time: 7:45 | L |
| Sep 23, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 26, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 27, 2022 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 28, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Sep 29, 2022 | Thu | | Susquehanna Valley, Chenango Forks | 5:30 PM | 7:30 PM | JC HS Pool | | | L |
| Sep 30, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | TIME | | DEPARTURE | : TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|----------|---------------------------------|---------------|------------|--------------------------|--------------------------------|---|----------------------------|
| Oct 3, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 4, 2022 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 5, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 6, 2022 | Thu | | Binghamton, Chenango Valley | 5:30 PM | 7:30 PM | JC HS Pool | | | L |
| Oct 7, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 11, 2022 | Tue | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Oct 12, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 13, 2022 | Thu | | Windsor @ Susquehanna Valley | 5:30 PM | 7:30 PM | SVHS Pool | Bus/Driver: Suburban | Departure Point: HS Departure Date: Oct 13, 2022 Departure Time: 4:00 PM Return Date: Oct 13, 2022 Return Time: 7:30 PM | L |
| Oct 14, 2022 | Fri | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Oct 17, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | JC HS Pool | | | |
| Oct 18, 2022 | Tue | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Oct 19, 2022 | Wed | Practice | N/A | 3:00 PM | | JC HS Pool | | | |
| Oct 20, 2022 | Thu | | Windsor @ Chenango Forks | 5:30 PM | 7:30 PM | High School - Pool | Bus/Driver: Suburban | Departure Point: HS Departure Date: Oct 20, 2022 Departure Time: 4:15 PM Return Date: Oct 20, 2022 Return Time: 7:00 PM | L |

Date: 2024-05-17