



Johnson City

(G) V Swimming/Diving

Coaches:

- Kristen Tocheny, Head Coach
- Ashlee Kohlbach, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 20, 2019	Tue	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 21, 2019	Wed	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 22, 2019	Thu	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 23, 2019	Fri	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 24, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 26, 2019	Mon	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 27, 2019	Tue	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 28, 2019	Wed	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 29, 2019	Thu	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 30, 2019	Fri	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Aug 31, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 3, 2019	Tue	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 4, 2019	Wed	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 6, 2019	Fri	Regular Season 70-95 L	Owego Apalachin	5:30 PM	7:30 PM	JC HS Pool		L
Sep 7, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 11, 2019	Wed	Regular Season 95-71 W	@ Greene	5:30 PM	7:00 PM	Greene HS Pool	Departure Time: 3:45 PM Return Date: NL Return Time: 8:00 PM	
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 13, 2019	Fri	Regular Season 73-107 L	Binghamton	5:30 PM	7:30 PM	JC HS Pool		L
Sep 14, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 16, 2019	Mon	Regular Season 85-98 L	@ Windsor	5:30 PM		Windsor High School Pool		L

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Sep 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 18, 2019	Wed	Regular Season 44-57 L	@ Union-Endicott	5:30 PM	7:30 PM	UEHS Pool	Departure Time: 4:15 PM	L
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Pool		
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 25, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 25, 2019	Wed	Regular Season 63-110 L	Vestal	5:30 PM	7:30 PM	JC HS Pool		L
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 27, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Sep 28, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Sep 30, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 1, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 2, 2019	Wed	Regular Season 90-69 W	Greene	5:30 PM	7:00 PM	JC HS Pool		NL
Oct 3, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 4, 2019	Fri	Regular Season	@ Maine-Endwell	5:30 PM	7:30 PM	Maine-Endwell HS Pool	Departure Time: 4:15 PM	L
Oct 5, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Oct 7, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 8, 2019	Tue	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Oct 8, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 9, 2019	Wed	Regular Season	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	Departure Time: 4:00 PM	NL
Oct 10, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 11, 2019	Fri	Regular Season (Elmira Invitational - Divers only)	@ TBD	5:00 PM	8:00 PM	Ernie Davis Academy		L
Oct 12, 2019	Sat	Regular Season (Elmira Invitational)	@ TBD	10:15 AM	3:00 PM	Ernie Davis Academy	Departure Time: 6:45 AM Return Date: Return Time: 3:00 PM	L
Oct 14, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 15, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 16, 2019	Wed	Regular Season	Oneonta	5:30 PM	7:00 PM	JC HS Pool		NL

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Oct 17, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 18, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 19, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Oct 19, 2019	Sat	Regular Season (Jack Mathers Memorial Diving Invitational - Divers only)	@ TBD	9:15 AM	1:00 PM	Horseheads HS	Departure Time: 6:45 AM Return Date: Return Time: 3:00 PM	L
Oct 21, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 22, 2019	Tue	Regular Season 73-98 L	@ Chenango Valley (Chenango Valley)	5:30 PM	7:00 PM	CV - HS Pool	Departure Time: 4:15 PM	NL
Oct 23, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 24, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 25, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 26, 2019	Sat	Practice	N/A	8:30 AM	11:00 AM	JC HS Pool		
Oct 28, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 29, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 30, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Oct 31, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 1, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 4, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 5, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 6, 2019	Wed	Regular Season (Sectional Prelims)	TBD	3:30 PM		Owego Free Academy	Departure Time: 2:00 PM	L
Nov 7, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Pool		
Nov 8, 2019	Fri	Regular Season (Diving Sectionals)	TBD	TBD		TBD		L
Nov 9, 2019	Sat	Regular Season (Class B - Section IV Championships (Warm ups 1 PM))	Chenango Valley (Chenango Valley), Maine-Endwell, Norwich, Oneonta, Waverly, Owego Apalachin, Windsor, Chenango Forks @ Watkins Glen (Storm)	2:00 PM	5:00 PM	W G Pool		NL