



Johnson City

(G) V Swimming/Diving

Coaches:

- Kristen Tocheny, Head Coach
- Ashlee Kohlbach, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------------------|-----------|------------|----------|------------|----------------|---------------------|
| Aug 21, 2023 | Mon | Practice | N/A | 1:00 PM | 4:00 PM | JC HS Pool | | |
| Aug 22, 2023 | Tue | Practice | N/A | 1:00 PM | 4:00 PM | JC HS Pool | | |
| Aug 23, 2023 | Wed | Practice | N/A | 1:00 PM | 4:00 PM | JC HS Pool | | |
| Aug 24, 2023 | Thu | Practice | N/A | 1:00 PM | 4:00 PM | JC HS Pool | | |
| Aug 25, 2023 | Fri | Practice | N/A | 1:00 PM | 4:00 PM | JC HS Pool | | |
| Aug 28, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Aug 29, 2023 | Tue | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Aug 30, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Aug 31, 2023 | Thu | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 1, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 5, 2023 | Tue | Practice | N/A | 2:30 PM | 5:30 PM | JC HS Pool | | |
| Sep 6, 2023 | Wed | Practice | N/A | 2:30 PM | 5:30 PM | JC HS Pool | | |
| Sep 7, 2023 | Thu | Practice | N/A | 2:30 PM | 5:30 PM | JC HS Pool | | |
| Sep 9, 2023 | Sat | Practice | N/A | 10:00 AM | 1:00 PM | JC HS Pool | | |
| Sep 11, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 13, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 14, 2023 | Thu | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 15, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 16, 2023 | Sat | Regular Season (JC Relays - Diving) | TBD | 10:00 AM | 12:00 PM | JC HS Pool | | NL |
| Sep 16, 2023 | Sat | Regular Season (JC Relays) | TBD | 1:30 PM | 4:00 PM | JC HS Pool | | NL |
| Sep 18, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 19, 2023 | Tue | Regular Season 76-91 L | Vestal | 5:30 PM | 8:00 PM | JC HS Pool | | L |
| Sep 20, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 21, 2023 | Thu | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 22, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 23, 2023 | Sat | Practice | N/A | 10:00 AM | 1:00 PM | JC HS Pool | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|------------------------|--------------------|------------|----------|------------|----------------|---------------------|
| Sep 25, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 27, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Sep 28, 2023 | Thu | Regular Season 76-37 W | Susquehanna Valley | 5:30 PM | 7:00 PM | JC HS Pool | | NL |
| Sep 29, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 2, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 3, 2023 | Tue | Regular Season 81-94 L | Horseheads | 5:30 PM | 8:00 PM | JC HS Pool | | L |
| Oct 4, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 6, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 7, 2023 | Sat | Practice | N/A | 10:00 AM | 1:00 PM | JC HS Pool | | |
| Oct 11, 2023 | Wed | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 12, 2023 | Thu | Regular Season 80-96 L | Union-Endicott | 5:30 PM | 8:00 PM | JC HS Pool | | L |
| Oct 13, 2023 | Fri | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 14, 2023 | Sat | Practice | N/A | 10:00 AM | 1:00 PM | JC HS Pool | | |
| Oct 16, 2023 | Mon | Practice | N/A | 2:30 PM | 5:45 PM | JC HS Pool | | |
| Oct 17, 2023 | Tue | Regular Season 96-65 W | Binghamton | 5:30 PM | 8:00 PM | JC HS Pool | | L |
| Oct 18, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 19, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 20, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 23, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 24, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 25, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 26, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 27, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 30, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Oct 31, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |
| Nov 2, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | JC HS Pool | | |

Date: 2024-04-10