



Johnson City (G) V Swimming/Diving

Coaches:

- Kristen Tocheny, Head Coach
- Ashlee Kohlbach, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	1:00 PM	4:00 PM	JC HS Pool			
Aug 22, 2023	Tue	Practice	N/A	1:00 PM	4:00 PM	JC HS Pool			
Aug 23, 2023	Wed	Practice	N/A	1:00 PM	4:00 PM	JC HS Pool			
Aug 24, 2023	Thu	Practice	N/A	1:00 PM	4:00 PM	JC HS Pool			
Aug 25, 2023	Fri	Practice	N/A	1:00 PM	4:00 PM	JC HS Pool			
Aug 28, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Aug 29, 2023	Tue	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Aug 30, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Aug 31, 2023	Thu	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 1, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 5, 2023	Tue	Practice	N/A	2:30 PM	5:30 PM	JC HS Pool			
Sep 6, 2023	Wed	Practice	N/A	2:30 PM	5:30 PM	JC HS Pool			
Sep 7, 2023	Thu	Practice	N/A	2:30 PM	5:30 PM	JC HS Pool			
Sep 8, 2023	Fri	Regular Season 75-97 L	@ Elmira	6:00 PM	8:00 PM	EDA Pool	Departure Time: 4:30 PM		L
Sep 9, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC HS Pool			
Sep 11, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 12, 2023	Tue	Regular Season 77-92 L	@ Corning-Painted Post	6:00 PM	8:00 PM	C P P High School			L
Sep 13, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 14, 2023	Thu	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 15, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 16, 2023	Sat	Regular Season (JC Relays - Diving)	TBD	10:00 AM	12:00 PM	JC HS Pool			NL
Sep 16, 2023	Sat	Regular Season (JC Relays)	TBD	1:30 PM	4:00 PM	JC HS Pool			NL
Sep 18, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 19, 2023	Tue	Regular Season 76-91 L	Vestal	5:30 PM	8:00 PM	JC HS Pool			L
Sep 20, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			

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Sep 21, 2023	Thu	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 22, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 23, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC HS Pool			
Sep 25, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 26, 2023	Tue	Regular Season 77-94 L	@ Ithaca	6:00 PM	8:00 PM	IHS Pool (C150)			L
Sep 27, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 28, 2023	Thu	Regular Season 76-37 W	Susquehanna Valley	5:30 PM	7:00 PM	JC HS Pool			NL
Sep 29, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Sep 30, 2023	Sat	Regular Season (Maine Endwell Invitational - Diving)	@ TBD	9:00 AM	12:00 PM	TBD	Bus/Driver: Suburban	Departure Date: Sep 30, 2023 Departure Time: 7:45 AM Return Date: Sep 30, 2023 Return Time: 12:00 PM	L
Sep 30, 2023	Sat	Regular Season (ME Invite - Swimming)	@ TBD	12:30 PM	4:00 PM	TBD		Departure Date: Sep 30, 2023 Departure Time: 11:00 AM Return Date: Sep 30, 2023 Return Time: 5:00 PM	NL
Oct 2, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Oct 3, 2023	Tue	Regular Season 81-94 L	Horseheads	5:30 PM	8:00 PM	JC HS Pool			L
Oct 4, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Oct 5, 2023	Thu	Regular Season 89-86 W	@ Windsor	5:30 PM		Windsor High School Pool		Departure Time: 4:15 PM Return Date: Return Time: 7:45 PM	NL
Oct 6, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Oct 7, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC HS Pool			
Oct 10, 2023	Tue	Regular Season 78-97 L	@ Maine-Endwell	5:30 PM	8:00 PM	Maine-Endwell HS Pool		Departure Time: 4:15 PM Return Date: Return Time: 7:45 PM	L
Oct 11, 2023	Wed	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Oct 12, 2023	Thu	Regular Season 80-96 L	Union-Endicott	5:30 PM	8:00 PM	JC HS Pool			L
Oct 13, 2023	Fri	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			
Oct 14, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC HS Pool			
Oct 16, 2023	Mon	Practice	N/A	2:30 PM	5:45 PM	JC HS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 17, 2023	Tue	Regular Season 96-65 W	Binghamton	5:30 PM	8:00 PM	JC HS Pool			L
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 20, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 24, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 26, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 27, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Nov 1, 2023	Wed	Post-Season (Sectional Prelims)	@ TBD	5:00 PM	8:00 PM	Maine-Endwell HS Pool		Departure Point: HS Departure Date: Nov 1, 2023 Departure Time: 2:00 PM Return Date: Nov 1, 2023 Return Time: 7:45 PM	L
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	JC HS Pool			
Nov 3, 2023	Fri	Post-Season (Sectional Diving Finals)	@ TBD	10:15 AM	2:00 PM	EDA Pool	Bus/Driver: Suburban	Departure Date: Nov 3, 2023 Departure Time: 7:45 AM Return Date: Nov 3, 2023 Return Time: 3:00 PM	L
Nov 4, 2023	Sat	Post-Season (Sectional Finals)	@ TBD	4:00 PM	7:00 PM	Maine-Endwell HS Pool		Departure Point: HS Departure Date: Nov 4, 2023 Departure Time: 1:30 PM Return Date: Nov 4, 2023 Return Time: 7:15 PM	L