

Coaches:

- Eric Putman, Head Coach
- Pete Tylenda, Asst Coach
- Eric Mastroianni, Asst Coach
- Juliana Tobin, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 12, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 13, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 15, 2024	Fri	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Mar 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 19, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 21, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 22, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 28, 2024	Thu	Regular Season (Rotary Relays)	@ TBD	4:30 PM		High School - Stadium	Departure Time: 3:45 PM	L
Apr 3, 2024	Wed	Practice	N/A	10:00 AM		JC HS Track		
Apr 4, 2024	Thu	Practice	N/A	10:00 AM	12:00 PM	JC HS Track		
Apr 5, 2024	Fri	Practice	N/A	10:00 AM	12:00 PM	JC HS Track		
Apr 9, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	JC HS Track		
Apr 10, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	JC HS Track		
Apr 11, 2024	Thu	Regular Season	Oneonta, Elmira (Elmira Express)	5:45 PM	9:00 PM	JC Wildcat Stadium		L
Apr 12, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	JC HS Track		
Apr 13, 2024	Sat	Regular Season (26th Annual NY/PA Invitational)	@ TBD	10:00 AM		Windsor High School Track	Departure Time: 8:45 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-
Apr 15, 2024	Mon	Practice	N/A	3:00	4:45	JC HS			LEAGUE
Apr 16, 2024	Tue	Regular Season 59-76 L	@ Maine- Endwell	5:00 PM	PM	Track Maine- Endwell HS Turf		Departure Time: 4:15 PM	L
Apr 17, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 18, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 19, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 20, 2024	Sat	Regular Season (Square Deal Inivitational)	TBD	10:00 AM	4:00 PM	JC Wildcat Stadium	Bus/Driver: Suburban	Departure Point: HS	NL
Apr 22, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 23, 2024	Tue	Regular Season	@ Union- Endicott	5:00 PM	7:00 PM	UEHS Mike Miller Track		Departure Time: 4:15 PM	L
Apr 24, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 26, 2024	Fri	Regular Season (2024 Gerry O'Donnell Invitational)	@ TBD	5:00 PM		Windsor High School Track		Departure Time: 4:15 PM	L
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
Apr 30, 2024	Tue	Regular Season	Vestal	5:00 PM	9:00 PM	JC Wildcat Stadium			L
May 1, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	JC HS Track			
May 3, 2024	Fri	Regular Season (Vestal Golden Bear Mixed Relays)	@ TBD	5:00 PM		Vestal Dick Hoover Stadium		Departure Time: 4:15 PM	L
May 7, 2024	Tue	Regular Season	Binghamton	5:00 PM	9:00 PM	JC Wildcat Stadium			L
May 11, 2024	Sat	Regular Season (61st Parkhurst Invitational)	@ TBD	12:00 PM		UEHS Mike Miller Track		Departure Time: 11:00 AM	L
May 15, 2024	Wed	Regular Season (STAC Championship)	TBD	4:00 PM	10:00 PM	JC Wildcat Stadium	Bus/Driver: Suburban	Departure Point: HS	L
May 17, 2024	Fri	Regular Season (Need 4 Speed Invitational)	TBD	5:00 PM	9:00 PM	JC Wildcat Stadium			NL

Date: 2024-04-29