

## Coaches:

- Eric Putman, Head Coach
- Pete Tylenda, Asst Coach
- Eric Mastroianni, Asst Coach
- Juliana Tobin, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Mar 31, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 1, 2023	Sat	Regular Season (NY/PA Invitational)	@ TBD	9:30 AM		TBD	<b>Departure Time:</b> 8:45 AM	NL
Apr 3, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 4, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 5, 2023	Wed	Regular Season	Horseheads, Corning- Painted Post	5:30 PM	7:00 PM	JC Wildcat Stadium	<b>Departure Point:</b> HS	L
Apr 6, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 11, 2023	Tue	Practice	N/A	10:00 AM	AM	JC HS Track		
Apr 12, 2023	Wed	Practice	N/A	10:00 AM	11:30 AM	JC HS Track		
Apr 13, 2023	Thu	Practice	N/A	10:00 AM	11:30 AM	JC HS Track		
Apr 14, 2023	Fri	Practice	N/A	10:00 AM	11:30 AM	JC HS Track		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 18, 2023	Tue	Regular Season 51-85 L	Union- Endicott	5:00 PM		JC Wildcat Stadium		L

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Apr 19, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 20, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 21, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Apr 22, 2023	Sat	Regular Season (Square Deal Inivitational)	TBD	10:00 AM		JC Wildcat Stadium		NL
Apr 24, 2023	Mon	Regular Season 61-80 L	@ Vestal	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
Apr 26, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
Apr 28, 2023	Fri	Regular Season (Gerry O'Donnell Invitational)	@ TBD	5:00 PM		Windsor High School	<b>Departure Time:</b> 4:00 PM	NL
May 1, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 2, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 3, 2023	Wed	Regular Season (Senior Night) 66-61 W	@ Binghamton	5:30 PM		Alumni Stadium	<b>Departure Time:</b> 4:15 PM	L
May 4, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 5, 2023	Fri	Regular Season (Vestal Golden Bear Relays)	@ TBD	5:00 PM		Vestal Dick Hoover Stadium		NL
May 8, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 9, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 11, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 11, 2023	Thu	Regular Season	Maine- Endwell	5:00 PM		JC Wildcat Stadium		L
May 12, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 13, 2023	Sat	Regular Season (Parkhurst Invitational)	@ TBD	12:00 PM		UEHS Mike Miller Track		NL
May 15, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 16, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 17, 2023	Wed	Post-Season (STAC Championship)	@ TBD	5:00 PM		Vestal Dick Hoover Stadium	<b>Departure Time:</b> 4:15 PM	L
May 18, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 19, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Track		
May 20, 2023	Sat	Regular Season (Need 4 Speed Invitational)	TBD	10:00 AM		JC Wildcat Stadium		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 22, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JC HS Track			
May 23, 2023	Tue	Post-Season (Class A/B Championships)	@ TBD	5:00 PM		Vestal Dick Hoover Stadium		<b>Departure Time:</b> 4:15 PM	L
May 24, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Track			
May 25, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Track			
May 30, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
May 31, 2023	Wed	Post-Season (State Qualifier)	@ TBD	5:00 PM		UEHS Mike Miller Track		<b>Departure Time:</b> 4:15 PM	L
Jun 1, 2023	Thu	Post-Season (State Qualifier)	@ TBD	5:00 PM		UEHS Mike Miller Track		<b>Departure Time:</b> 4:15 PM	L
Jun 9, 2023	Fri	Post-Season (NYSPHSAA State Championship)	@ TBD	11:00 AM	7:00 PM	Middletown HS	Bus/Driver: Suburban	Departure Point: HS	NL
Jun 10, 2023	Sat	Post-Season (NYSPHSAA State Championship)	@ TBD	10:00 AM	4:00 PM	Middletown HS	Bus/Driver: Suburban	<b>Departure Point:</b> HS	NL

Date: 2024-05-13