

Coaches:

- Bill Knight, Head Coach
- Dom Nadz, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Mar 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Mar 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Mar 31, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Apr 3, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Apr 4, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Apr 5, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Apr 6, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Turf		
Apr 10, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	JC Middle School Field		
Apr 11, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	JC Middle School Field		
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	JC Middle School Field		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Field		
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Field		
Apr 19, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Field		
Apr 20, 2023	Thu	Regular Season 3-8 L	Binghamton	5:00 PM	7:00 PM	JC Middle School Field		L
Apr 21, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym, JC Middle School Field		
Apr 24, 2023	Mon	Regular Season 7-12 L	@ Union- Endicott	5:00 PM	7:00 PM	Ann G McGuinness Elementary Lacrosse Field		L
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
Apr 26, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
Apr 28, 2023	Fri	Regular Season 5-3 W	@ Maine- Endwell	5:00 PM		Maine Memorial ES		L
May 1, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 2, 2023	Tue	Regular Season 4-7 L	@ Whitney Point	5:00 PM		TRA Fairgrounds - Lacrosse/Soccer		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 4, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 5, 2023	Fri	Regular Season 3-12 L	Vestal	5:00 PM	7:00 PM	JC Middle School Field		L
May 8, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 9, 2023	Tue	Regular Season 3-4 L	Owego Apalachin	4:30 PM	6:30 PM	JC Middle School Field		L
May 10, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 11, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 12, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 13, 2023	Sat	Regular Season	Maine- Endwell	12:00 PM	2:00 PM	JC Wildcat Stadium		L
May 15, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 15, 2023	Mon	Regular Season	@ Vestal	5:45 PM		Vestal Dick Hoover Stadium	Departure Time: 5:00 PM	L
May 16, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 17, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 18, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 19, 2023	Fri	Regular Season	@ TBD	5:30 PM	7:00 PM	Oneonta High School	Departure Time: 4:15 PM	L
May 22, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 23, 2023	Tue	Regular Season	@ Binghamton	5:00 PM	7:00 PM	MacArthur Elementary School Field	Departure Time: 4:15 PM	L
May 24, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC Middle School Field		
May 25, 2023	Thu	Regular Season 7-10 L	Union- Endicott	5:00 PM	7:00 PM	JC Middle School Field		L
May 30, 2023	Tue	Regular Season	Windsor	5:00 PM	7:00 PM	JC Middle School Field		L

Date: 2025-12-10