



# Johnson City

## (B) 7/8TH Cross Country

### Coaches:

- Stephan Moore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 4, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 6, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 18, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	12:00 PM	4:00 PM	Baldwinsville	<b>Departure Time:</b> 9:00 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	L
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 25, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 7, 2019	Mon	Regular Season	@ TBD	4:30 PM	6:00 PM	Ann G McGuinness Elementary Cross Country Course	<b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Oct 11, 2019	Fri	Regular Season (Newark Valley Invitational)	@ Newark Valley	4:00 PM	6:00 PM	Newark Valley High School	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2019	Tue	Regular Season (Whitney Point Invitational)	@ TBD	4:30 PM	6:00 PM	Whitney Point High School	Departure Time: 2:45 PM Return Date: Return Time: 6:00 PM	L
Oct 29, 2019	Tue	Regular Season (STAC Cross Over Meet)	@ TBD	4:30 PM	6:30 PM	Murray Athletics Center Horseheads, NY	Departure Time: 2:00 PM Return Date: Return Time: 6:00 PM	L

Date: 2026-02-02