



Johnson City

(B) 7/8TH Cross Country

Coaches:

- Stephan Moore, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------------|------------|----------|--|---|---------------------|
| Sep 3, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 4, 2019 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 5, 2019 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 6, 2019 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 9, 2019 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 10, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 11, 2019 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 12, 2019 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 13, 2019 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 16, 2019 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 17, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 18, 2019 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 19, 2019 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 20, 2019 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 21, 2019 | Sat | Regular Season (Baldwinsville Invitational) | @ TBD | 12:00 PM | 4:00 PM | Baldwinsville | Departure Time: 9:00 AM Return Date: Return Time: 3:00 PM | L |
| Sep 23, 2019 | Mon | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 24, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 25, 2019 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Sep 26, 2019 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | JC HS Track | | |
| Oct 7, 2019 | Mon | Regular Season | @ TBD | 4:30 PM | 6:00 PM | Ann G McGuinness Elementary Cross Country Course | Departure Time: 2:45 PM Return Date: Return Time: 6:00 PM | L |
| Oct 11, 2019 | Fri | Regular Season (Newark Valley Invitational) | @ Newark Valley | 4:00 PM | 6:00 PM | Newark Valley High School | Departure Time: 2:00 PM Return Date: Return Time: 6:00 PM | L |

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| Oct 22, 2019 | Tue | Regular Season (Whitney Point Invitational) | @ TBD | 4:30 PM | 6:00 PM | Whitney Point High School | Departure Time: 2:45 PM Return Date: Return Time: 6:00 PM | L |
| Oct 29, 2019 | Tue | Regular Season (STAC Cross Over Meet) | @ TBD | 4:30 PM | 6:30 PM | Murray Athletics Center Horseheads, NY | Departure Time: 2:00 PM Return Date: Return Time: 6:00 PM | L |

Date: 2024-05-20