



# Johnson City

## (B) 7/8TH Cross Country

### Coaches:

- Stephan Moore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 23, 2017	Wed	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 24, 2017	Thu	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 25, 2017	Fri	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 26, 2017	Sat	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 28, 2017	Mon	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 29, 2017	Tue	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 30, 2017	Wed	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Aug 31, 2017	Thu	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Sep 1, 2017	Fri	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Sep 5, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 6, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 7, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 8, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 11, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 12, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 13, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 14, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 15, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 18, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 19, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 20, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 21, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 22, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 25, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 26, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 27, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 28, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 29, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 2, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 4, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 5, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 6, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 10, 2017	Tue	Meet (Metro Divisional Championship)	Vs. Multiple	4:00 PM	6:00 PM	Ann G McGuinness Elementary Cross Country Course		NL
Oct 11, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 12, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 13, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 16, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 18, 2017	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 19, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 20, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 23, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Oct 24, 2017	Tue	Meet (Chenango Forks XC Challenge)	Vs. Multiple	4:00 PM		Chenango Forks	Departure Time: 2:45 PM	NL

Date: 2024-05-18