

## Coaches:

• Stephan Moore, Head Coach

| DATE         | WEEK<br>DAY | ТҮРЕ                                                                                         | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                                                  | TRANSPORTATION                                                                                                                      | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|----------------------------------------------------------------------------------------------|-----------|---------------|-------------|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| Aug 28, 2023 | Mon         | Practice                                                                                     | N/A       | 3:00<br>PM    | 4:30<br>PM  | JC HS Track                                               |                                                                                                                                     |                            |
| Aug 29, 2023 | Tue         | Practice                                                                                     | N/A       | 9:00<br>AM    | 10:30<br>AM | JC HS Track                                               |                                                                                                                                     |                            |
| Aug 30, 2023 | Wed         | Practice                                                                                     | N/A       | 3:00<br>PM    | 4:30<br>PM  | JC HS Track                                               |                                                                                                                                     |                            |
| Aug 31, 2023 | Thu         | Practice                                                                                     | N/A       | 9:00<br>AM    | 10:30<br>AM | JC HS Track                                               |                                                                                                                                     |                            |
| Sep 9, 2023  | Sat         | Regular Season (Elmira<br>Notre Dame Crusader<br>Clash Cross Country<br>Invitational)        | @ TBD     | 8:30<br>AM    |             | TBD                                                       | Departure Point:<br>HS<br>Departure Time:<br>7:15 AM                                                                                | L                          |
| Sep 16, 2023 | Sat         | Regular Season (55th<br>Annual McDaniel-<br>Baxter Cross Country<br>Invitational)            | @ TBD     | 9:00<br>AM    |             | TBD                                                       | Departure Point:<br>HS<br>Departure Time:<br>8:30 AM                                                                                | L                          |
| Sep 23, 2023 | Sat         | Regular Season<br>(Owego Cross country<br>Invitational 2023)                                 | @ TBD     | 9:00<br>AM    |             | Owego Free<br>Academy                                     | Departure Point:<br>HS<br>Departure Time:<br>8:00 AM                                                                                | L                          |
| Oct 6, 2023  | Fri         | Regular Season (40th<br>Annual Newark<br>Valley/Bob Greene<br>Cross Country<br>Invitational) | @ TBD     | 3:45<br>PM    |             | TBD                                                       | Departure Point:<br>HS<br>Departure Time:<br>3:00 PM                                                                                | L                          |
| Oct 14, 2023 | Sat         | Regular Season<br>(Marathon Invitational)                                                    | @ TBD     | 9:15<br>AM    |             | Appleby<br>Elementary School                              | <b>Departure Point:</b><br>HS                                                                                                       | L                          |
| Oct 17, 2023 | Tue         | Regular Season<br>(Whitney Point<br>Inmvitational)                                           | @ TBD     | 4:30<br>PM    |             | TBD                                                       | <b>Departure Point:</b><br>HS                                                                                                       | L                          |
| Oct 21, 2023 | Sat         | Regular Season (STAC Championship)                                                           | @ TBD     | 12:00<br>AM   |             | TBD                                                       | <b>Departure Point:</b><br>HS                                                                                                       | L                          |
| Oct 28, 2023 | Sat         | Regular Season (Battle of Hynes Hill)                                                        | @ TBD     | 10:30<br>AM   | 11:00<br>AM | Ann G<br>McGuinness<br>Elementary Cross<br>Country Course | Departure Point:<br>HS Departure Date:<br>Oct 28, 2023 Departure Time:<br>8:30 AM Return Date: Oct<br>28, 2023 Return Time: 1:00 PM | NL                         |

Date: 2024-05-03