Johnson City
(G) 7/8TH Cross Country

Coaches:

- Stephan Moore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 4, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 6, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 18, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	12:00 PM	4:00 PM	Baldwinsville	**Departure Time:** 9:00 AM **Return Date:** **Return Time:** 3:00 PM	L
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 25, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Track		
CANCELLED Oct 7, 2019	Mon	Regular Season	@ TBD	4:30 PM	6:00 PM	Ann G McGuinness Elementary Cross Country Course	**Departure Time:** 2:45 PM **Return Date:** **Return Time:** 6:00 PM	L
Oct 11, 2019	Fri	Regular Season (Newark Valley Invitational)	@ TBD	4:00 PM	6:00 PM	Newark Valley High School	**Departure Time:** 2:00 PM **Return Date:** **Return Time:** 6:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 29, 2019	Tue	Regular Season (STAC Cross Over Meet)	@ TBD	4:30 PM	6:30 PM	Murray Athletics Center Horseheads, NY	**Departure Time:** 2:00 PM **Return Date: Return Time:** 6:00 PM	L

Date: 2026-02-02

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Oct 29, 2019	Tue	Regular Season (STAC Cross Over Meet)	@ TBD	4:30 PM	6:30 PM	Murray Athletics Center Horseheads, NY	**Departure Time:** 2:00 PM **Return Date: Return Time:** 6:00 PM	L