



# Johnson City

## (G) V Cross Country

### Coaches:

- Eric Adolf, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	JC HS Track		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	JC HS Track		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	JC HS Track		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	JC HS Track		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	JC HS Track		
Aug 31, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		
Sep 1, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	JC HS Track		

Date: 2024-04-29