



# Johnson City

## (G) V Cheerleading (Fall)

### Coaches:

- Lydia Mann, Head Coach

| DATE         | WEEK DAY | TYPE           | OPPONENTS  | START TIME | END TIME | LOCATION        | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|--|------------|----------|-----------------|----------------|---------------------|
| Aug 18, 2025 | Mon      | Practice       | N/A  | 5:00 PM    | 7:00 PM  | JC MS Gym       |                |                     |
| Aug 19, 2025 | Tue      | Practice       | N/A  | 5:00 PM    | 7:00 PM  | JC MS Gym       |                |                     |
| Aug 20, 2025 | Wed      | Practice       | N/A  | 5:00 PM    | 7:00 PM  | JC MS Gym       |                |                     |
| Aug 21, 2025 | Thu      | Practice       | N/A  | 11:00 AM   | 2:00 PM  | JC HS Large Gym |                |                     |
| Aug 22, 2025 | Fri      | Practice       | N/A  | 11:00 AM   | 2:00 PM  | JC HS Large Gym |                |                     |
| Aug 25, 2025 | Mon      | Practice       | N/A  | 11:00 AM   | 2:00 PM  | JC HS Large Gym |                |                     |
| Sep 2, 2025  | Tue      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC ES Gym       |                |                     |
| Sep 4, 2025  | Thu      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 5, 2025  | Fri      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 6, 2025  | Sat      | Practice       | N/A  | 9:00 AM    | 2:00 PM  | JC MS Gym       |                |                     |
| Sep 8, 2025  | Mon      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 9, 2025  | Tue      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 11, 2025 | Thu      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 12, 2025 | Fri      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 15, 2025 | Mon      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 16, 2025 | Tue      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 17, 2025 | Wed      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 19, 2025 | Fri      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 22, 2025 | Mon      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 23, 2025 | Tue      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 25, 2025 | Thu      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 29, 2025 | Mon      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |
| Sep 30, 2025 | Tue      | Regular Season | Binghamton (Fall), Vestal (Football), Maine-Endwell (Fall) @ Union-Endicott (Fall) | 6:00 PM    | 8:00 PM  | UEHS Main Gym   |                | L                   |
| Oct 2, 2025  | Thu      | Practice       | N/A  | 3:00 PM    | 5:00 PM  | JC MS Gym       |                |                     |

| DATE         | WEEK DAY | TYPE   | OPPONENTS   | START TIME | END TIME | LOCATION             | TRANSPORTATION      | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|----------------------|---------------------|---------------------|
| Oct 6, 2025  | Mon      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 7, 2025  | Tue      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 8, 2025  | Wed      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 9, 2025  | Thu      | Regular Season   | Horseheads (Fall), Chenango Forks (Fall), Binghamton (Fall) | 6:00 PM    | 9:00 PM  | JC MS Gym, JC ES Gym | Departure Point: MS | L                   |
| Oct 10, 2025 | Fri      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 11, 2025 | Sat      | Regular Season (Horseheads Rowdy Raiders Spirit Challenge) | @ TBD   | 11:25 AM   | 12:00 PM | HHS MS Gym           | Departure Point: MS | L                   |
| Oct 14, 2025 | Tue      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 16, 2025 | Thu      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 17, 2025 | Fri      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 19, 2025 | Sun      | Post-Season (STAC Championship)                            | @ TBD   | TBD        |          | CV - HS Gym          | Departure Point: MS | L                   |
| Oct 20, 2025 | Mon      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 21, 2025 | Tue      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 23, 2025 | Thu      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 27, 2025 | Mon      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 28, 2025 | Tue      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 29, 2025 | Wed      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 30, 2025 | Thu      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Oct 31, 2025 | Fri      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Nov 2, 2025  | Sun      | Post-Season (Section IV Championship)                      | @ TBD   | 1:00 PM    | 2:30 PM  | UEHS Main Gym        | Departure Point: MS | L                   |
| Nov 3, 2025  | Mon      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Nov 4, 2025  | Tue      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Nov 5, 2025  | Wed      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Nov 6, 2025  | Thu      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |
| Nov 7, 2025  | Fri      | Practice   | N/A   | 3:00 PM    | 5:00 PM  | JC MS Gym            |                     |                     |

Date: 2026-01-29