



Johnson City

(G) V Cheerleading (Fall)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	JC Middle School Turf, JC MS Gym		
Aug 22, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	JC Middle School Turf, JC MS Gym		
Aug 23, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	JC Middle School Turf, JC MS Gym		
Aug 24, 2023	Thu	Practice	N/A	11:00 AM	2:00 PM	JC Middle School Turf, JC MS Gym		
Aug 25, 2023	Fri	Practice	N/A	11:00 AM	2:00 PM	JC Middle School Turf, JC MS Gym		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Sep 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 27, 2023	Wed	Regular Season	Union-Endicott (Fall), Seton Catholic Central @ Vestal (Football)	7:00 PM		Vestal High School Gym		L
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 30, 2023	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 4, 2023	Wed	Regular Season (Fall Cheer Competition)	Chenango Forks (Fall), Vestal (Football), Susquehanna Valley (Fall), Chenango Valley (Fall)	7:00 PM		JC HS Large Gym	Departure Point: MS	L
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 6, 2023	Fri	Regular Season (JC Competition)	TBD	3:00 PM		JC HS Large Gym	Departure Point: MS	L
Oct 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 11, 2023	Wed	Regular Season	Union-Endicott (Fall), Ithaca (Fall) @ Horseheads (Fall)	6:00 PM	9:00 PM	HHS Middle School Field House Gym	Departure Point: MS Departure Time: 5:30 PM Return Date: Oct 12, 2023 Return Time: 8:45 PM	L
Oct 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 14, 2023	Sat	Regular Season (Horseheads Rowdy Raider Spirit Challenge)	@ TBD	12:20 PM	1:00 PM	HHS Middle School Field House Gym	Departure Point: MS Departure Date: Oct 14, 2023 Departure Time: 9:30 AM Return Date: Oct 14, 2023 Return Time: 2:00 PM	NL
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Oct 22, 2023	Sun	Regular Season (STAC Championship)	@ TBD	1:20 PM		UEHS Main Gym	Departure Point: MS Departure Date: Oct 22, 2023 Departure Time: 10:30 AM Return Date: Oct 22, 2023 Return Time: 2:00 PM	L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Oct 29, 2023	Sun	Post-Season (Sectionals)	@ TBD	11:00 AM	12:00 PM	UEHS Main Gym	Departure Point: HS Departure Date: Oct 29, 2023 Departure Time: 9:45 AM Return Date: Oct 29, 2023 Return Time: 12:00 PM
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Nov 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Nov 3, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	

Date: 2026-01-10