



# Johnson City

## (G) V Cheerleading (Fall)

### Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Aug 23, 2022	Tue	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Aug 24, 2022	Wed	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Aug 25, 2022	Thu	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Aug 26, 2022	Fri	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 9, 2022	Fri	Regular Season (Cheer vs. Vestal)	TBD	7:00 PM	9:30 PM	JC Wildcat Stadium		NL
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 17, 2022	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 23, 2022	Fri	Regular Season (Cheer at Owego)	@ TBD	7:00 PM	9:30 PM	OFA Stadium	<b>Departure Point:</b> HS <b>Departure Date:</b> Sep 23, 2022 <b>Departure Time:</b> 5:45 PM <b>Return Date:</b> Sep 23, 2022 <b>Return Time:</b> 10:00 PM	NL
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 27, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 30, 2022	Fri	Regular Season (Cheer vs. Norwich)	TBD	7:00 PM	9:30 PM	JC Wildcat Stadium		NL
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 7, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 8, 2022	Sat	Practice	N/A	3:00 PM	4:40 PM	JC MS Gym		
Oct 8, 2022	Sat	Regular Season (Competition at Vestal)	@ TBD	6:00 PM	8:00 PM	Vestal High School Gym	<b>Departure Point:</b> MS <b>Departure Date:</b> Oct 8, 2022 <b>Departure Time:</b> 4:40 PM <b>Return Date:</b> Oct 8, 2022 <b>Return Time:</b> 8:15 PM	NL
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 14, 2022	Fri	Regular Season (Cheer vs. SV)	TBD	7:00 PM	9:00 PM	JC Wildcat Stadium		NL
Oct 15, 2022	Sat	Practice	N/A	1:00 PM	4:00 PM	JC HS Large Gym		
Oct 15, 2022	Sat	Regular Season (Horseheads Rowdy Raiders Spirit Challenge)	@ TBD	6:00 PM		HHS HS Stadium Field 1	<b>Departure Point:</b> HS <b>Departure Date:</b> Oct 15, 2022 <b>Departure Time:</b> 4:15 PM <b>Return Date:</b> <b>Return Time:</b> 9:30 PM	NL
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 22, 2022	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Oct 22, 2022	Sat	Regular Season (Cheer vs. ME)	TBD	1:30 PM	3:30 PM	JC Wildcat Stadium		NL
Oct 23, 2022	Sun	Post-Season (STAC Championship)	@ TBD	12:50 PM	1:00 PM	UEHS Main Gym	<b>Departure Point:</b> MS <b>Departure Date:</b> Oct 23, 2022 <b>Departure Time:</b> 9:50 AM <b>Return Date:</b> Oct 23, 2022 <b>Return Time:</b> 2:00 PM	L
Oct 24, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 25, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 26, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 28, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 29, 2022	Sat	Practice	N/A	8:30 AM	10:30 AM	JC MS Gym		
Oct 29, 2022	Sat	Post-Season (Game Day West Invitational)	@ TBD	TBD		Floyd L. Maines Veterans Memorial Arena	<b>Departure Point:</b> MS <b>Departure Date:</b> Oct 29, 2022 <b>Departure Time:</b> 10:30 AM <b>Return Date:</b> Oct 29, 2022 <b>Return Time:</b> 2:00 PM	NL

Date: 2026-01-09