

Coaches:

• Lydia Mann, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 20, 2019	Tue	Practice	N/A	12:00 PM	3:00 PM	JC ES Gym		
Aug 21, 2019	Wed	Practice	N/A	12:00 PM	3:00 PM	JC ES Gym		
Aug 22, 2019	Thu	Practice	N/A	12:00 PM	3:00 PM	JC ES Gym		
Aug 23, 2019	Fri	Practice	N/A	12:00 PM	3:00 PM	JC ES Gym		
Aug 26, 2019	Mon	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Aug 27, 2019	Tue	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Aug 28, 2019	Wed	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Sep 4, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 6, 2019	Fri	Practice	N/A	5:30 PM	6:15 PM	JCHS Small Gym		
Sep 6, 2019	Fri	Meet (Ithaca vs Johnson City Varsity Football)	Vs. Multiple	7:00 PM	9:00 PM	JC Wildcat Stadium		NL
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 18, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 25, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 27, 2019	Fri	Practice	N/A	5:30 PM	6:15 PM	JCHS Small Gym		
Sep 30, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 15, 2019	Tue	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Oct 16, 2019	Wed	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		

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Oct 17, 2019	Thu	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Oct 19, 2019	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Oct 20, 2019	Sun	Regular Season (STAC Championship)	@ TBD	12:00 PM	7:00 PM	UEHS Main Gym	Departure Point: HS Departure Time: 9:45 AM Return Date: Return Time: 4:00 PM	L

Date: 2024-05-17