

Coaches:

• Lydia Mann, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 14, 2017	Mon	Practice	N/A	12:00 PM	3:00 PM	JC MS Gym		
Aug 15, 2017	Tue	Practice	N/A	11:00 AM	3:00 PM	JC MS Gym		
Aug 16, 2017	Wed	Practice	N/A	5:30 PM	8:30 PM	JCHS Small Gym		
Aug 18, 2017	Fri	Practice	N/A	5:00 PM	7:00 PM	TBD		
Aug 21, 2017	Mon	Practice	N/A	10:00 AM	3:00 PM	JC MS Gym		
Aug 23, 2017	Wed	Practice	N/A	5:30 PM	8:30 PM	JCHS Small Gym		
Aug 24, 2017	Thu	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Aug 29, 2017	Tue	Practice	N/A	3:00 PM	6:00 PM	JCHS Small Gym		
Aug 30, 2017	Wed	Practice	N/A	5:30 PM	8:30 PM	JCHS Small Gym		
Aug 31, 2017	Thu	Practice	N/A	10:00 AM	3:00 PM	JC MS Gym		
Sep 3, 2017	Sun	Meet (JC Varsity Cheer)	Vs. Multiple	2:00 PM	5:00 PM	Syracuse University - Carrier Dome	Departure Point: HS Departure Time: 11:45 AM Return Date: Return Time: 5:30 PM	NL
Sep 7, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 8, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 9, 2017	Sat	Practice	N/A	8:00 AM	1:00 PM	JC MS Gym		
Sep 11, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 12, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 13, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM	
Sep 15, 2017	Fri	Practice	N/A	6:00 PM	9:00 PM	JCHS		
Sep 18, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Sep 19, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Sep 20, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM
Sep 22, 2017	Fri	Practice	N/A	3:00 PM	6:00 PM	JCHS Small Gym	
Sep 25, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Sep 26, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Sep 27, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM
Sep 29, 2017	Fri	Practice	N/A	6:00 PM	9:00 PM	JCHS	
Oct 2, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 3, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 4, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM
Oct 6, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 7, 2017	Sat	Practice	N/A	8:00 AM	12:00 PM	JCHS Small Gym	
Oct 10, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 11, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM
Oct 13, 2017	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 14, 2017	Sat	Practice	N/A	10:00 AM	3:00 PM	JC MS Gym	
Oct 16, 2017	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 17, 2017	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Oct 18, 2017	Wed	Practice	N/A	3:00 PM	5:30 PM	JCHS Small Gym	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM

DATE	WEE	TYPE	OPPONENTS	START	END TIME	LOCATION	TRANSPORTATION /	EAGUE NON- EAGUE
Oct 19, 2017	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Oct 20, 2017	Fri	Practice	N/A	4:30 PM	9:00 PM	JCHS		
Oct 21, 2017	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Oct 22, 2017	Sun	Practice	N/A	7:00 AM	10:00 AM	JC HS Large Gym		
Oct 22, 2017	Sun	Meet (Cheerleading Fall Championship)	Vs. Multiple	12:00 PM		UEHS Main Gym	N	JL .

Date: 2025-12-30