

## Coaches:

• Christina Howe-Sampson, Head Coach

| DATE         | WEEK<br>DAY | ТҮРЕ                         | OPPONENTS                 | START<br>TIME | END<br>TIME | LOCATION                             | TRANSPORTATION                 | LEAGUE /<br>NON-<br>LEAGUE |
|--------------|-------------|------------------------------|---------------------------|---------------|-------------|--------------------------------------|--------------------------------|----------------------------|
| Nov 28, 2022 | Mon         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Nov 29, 2022 | Tue         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Nov 30, 2022 | Wed         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 1, 2022  | Thu         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Dec 2, 2022  | Fri         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 5, 2022  | Mon         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Dec 6, 2022  | Tue         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 7, 2022  | Wed         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Dec 8, 2022  | Thu         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 9, 2022  | Fri         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Dec 12, 2022 | Mon         | Regular<br>Season<br>27-34 L | @ Vestal (Gold)           | 6:30<br>PM    | 7:30<br>PM  | TBD                                  | <b>Departure Time:</b> 5:45 PM | L                          |
| Dec 13, 2022 | Tue         | Regular<br>Season<br>19-38 L | Maine-Endwell<br>(Gold)   | 6:30<br>PM    | 7:30<br>PM  | JC MS Gym                            |                                | L                          |
| Dec 14, 2022 | Wed         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 19, 2022 | Mon         | Regular<br>Season<br>17-24 L | Maine-Endwell<br>(Blue)   | 5:30<br>PM    | 6:30<br>PM  | JC MS Gym                            |                                | L                          |
| Dec 20, 2022 | Tue         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Dec 21, 2022 | Wed         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Dec 22, 2022 | Thu         | Regular<br>Season<br>32-16 W | Chenango Forks<br>(Blue)  | 5:30<br>PM    | 7:00<br>PM  | JC MS Gym                            |                                | L                          |
| Dec 27, 2022 | Tue         | Practice                     | N/A                       | 8:00<br>AM    | 10:00<br>AM | JC ES Gym                            |                                |                            |
| Dec 28, 2022 | Wed         | Practice                     | N/A                       | 8:00<br>AM    | 10:00<br>AM | JC ES Gym                            |                                |                            |
| Jan 3, 2023  | Tue         | Practice                     | N/A                       | 3:30<br>PM    | 5:00<br>PM  | JC ES Gym                            |                                |                            |
| Jan 4, 2023  | Wed         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Jan 5, 2023  | Thu         | Regular<br>Season<br>22-36 L | @ Vestal (Green)          | 6:30<br>PM    | 7:30<br>PM  | Clayton Ave.<br>Elementary Gymnasium | <b>Departure Time:</b> 4:45 PM | L                          |
| Jan 6, 2023  | Fri         | Practice                     | N/A                       | 3:00<br>PM    | 5:00<br>PM  | JC MS Gym                            |                                |                            |
| Jan 7, 2023  | Sat         | Regular<br>Season<br>18-44 L | Union-Endicott<br>(Black) | 10:00<br>AM   | 11:00<br>AM | JC MS Gym                            |                                | L                          |

| DATE         | WEEK<br>DAY | TYPE                         | OPPONENTS                      | START<br>TIME | END<br>TIME      | LOCATION                                | TRANSPORTATION  |        |
|--------------|-------------|------------------------------|--------------------------------|---------------|------------------|---|---|--------|
| Jan 9, 2023  | Mon         | Practice                     | N/A                            | 3:00          | 4:30             | JC MS Gym                               |   | LEAGUE |
| Jan 10, 2023 | Tue         |                              | N/A                            | 3:30<br>PM    | PM<br>5:00<br>PM | JC ES Gym                               |   |        |
| Jan 11, 2023 | Wed         | Practice                     | N/A                            | 3:00<br>PM    | 5:00<br>PM       | JC MS Gym                               |   |        |
| Jan 12, 2023 | Thu         | Regular<br>Season<br>54-28 W | Norwich (White)                | 6:30<br>PM    | 7:30<br>PM       | JC MS Gym                               |   | L      |
| Jan 13, 2023 | Fri         | Practice                     | N/A                            | 3:30<br>PM    | 5:00<br>PM       | JC ES Gym                               |   |        |
| Jan 17, 2023 | Tue         | Practice                     | N/A                            | 3:00<br>PM    | 5:00<br>PM       | JC MS Gym                               |   |        |
| Jan 18, 2023 | Wed         | Practice                     | N/A                            | 3:30<br>PM    | 5:00<br>PM       | JC ES Gym                               |   |        |
| Jan 19, 2023 | Thu         | Regular<br>Season<br>10-35 L | @ Union-Endicott<br>(Orange)   | 6:30<br>PM    | 7:30<br>PM       | George F Johnson<br>Elementary Main Gym | Departure Time:<br>4:45 PM  | L      |
| Jan 20, 2023 | Fri         | Practice                     | N/A                            | 3:00<br>PM    | 5:00<br>PM       | JC HS Large Gym                         |   |        |
| Jan 21, 2023 | Sat         | Regular<br>Season<br>15-50 L | @ Maine-Endwell<br>(Blue)      | 10:00<br>AM   | 11:00<br>AM      | Maine-Endwell MS Gym                    | <b>Departure Time:</b> 9:15 AM  | L      |
| Jan 24, 2023 | Tue         | Practice                     | N/A                            | 3:30<br>PM    | 5:00<br>PM       | JC ES Gym                               |   |        |
| Jan 26, 2023 | Thu         | Practice                     | N/A                            | 3:00<br>PM    | 4:30<br>PM       | JC MS Gym                               |   |        |
| Jan 27, 2023 | Fri         | Regular<br>Season<br>21-28 L | Vestal (Green)                 | 6:30<br>PM    | 7:30<br>PM       | JC MS Gym                               |   | L      |
| Jan 28, 2023 | Sat         | Regular<br>Season<br>20-34 L | @ Union-Endicott<br>(Black)    | 10:00<br>AM   | 11:00<br>AM      | Jennie F Snapp MS<br>Main Gym           | Departure Point:<br>MS<br>Departure Date:<br>Jan 28, 2023<br>Departure Time:<br>9:15 AM | L      |
| Jan 30, 2023 | Mon         | Practice                     | N/A                            | 3:30<br>PM    | 5:00<br>PM       | JC ES Gym                               |   |        |
| Jan 31, 2023 | Tue         | Practice                     | N/A                            | 3:00<br>PM    | 5:00<br>PM       | JC MS Gym                               |   |        |
| Jan 31, 2023 | Tue         | Regular<br>Season<br>23-49 L | @ Susquehanna<br>Valley (Gold) | 5:30<br>PM    | 7:00<br>PM       | RTS MS Gym                              | Departure Time:<br>4:30 PM  | L      |
| Feb 1, 2023  | Wed         | Regular<br>Season<br>37-9 W  | Chenango Valley<br>(Red)       | 5:30<br>PM    | 7:00<br>PM       | JC MS Gym                               |   | L      |
| Feb 2, 2023  | Thu         | Practice                     | N/A                            | 3:30<br>PM    | 5:00<br>PM       | JC ES Gym                               |   |        |
| Feb 4, 2023  | Sat         | Regular<br>Season<br>28-27 W | Johnson City<br>(White)        | 10:00<br>AM   | 11:30<br>AM      | JC HS Large Gym                         |   | L      |

Date: 2024-04-28