

Coaches:

• Christina Howe-Sampson, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Nov 28, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Nov 30, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Dec 4, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Dec 7, 2023	Thu	Regular Season	Vestal (Gold)	5:30 PM	6:29 PM	JC MS Gym	L
Dec 8, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Dec 14, 2023	Thu	Regular Season 47-25 W	Union-Endicott (Orange)	5:30 PM	6:29 PM	JC MS Gym	L
Dec 20, 2023	Wed	Regular Season 33-46 L	Owego Apalachin (Blue)	5:30 PM	7:00 PM	JC MS Gym	NL
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 6, 2024	Sat	Regular Season 22-30 L	Vestal (Green)	10:00 AM	10:59 AM	JC MS Gym	L
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 11, 2024	Thu	Regular Season 38-52 L	Susquehanna Valley (Blue)	5:30 PM	6:45 PM	JC MS Gym	L
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 16, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 18, 2024	Thu	Regular Season 38-46 L	Maine-Endwell (Blue)	5:30 PM	6:29 PM	JC MS Gym	L
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	

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Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 25, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 26, 2024	Fri	Regular Season 50-35 W	Susquehanna Valley (Gold)	5:30 PM	7:00 PM	JC ES Gym	L
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Jan 30, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym	
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym	
Feb 5, 2024	Mon	Regular Season	Norwich (Purple)	5:30 PM	7:00 PM	JC MS Gym	L

Date: 2024-05-17