



Coaches:

- Chris Sinicki, Head Coach
- Nicole Sinicki, Volunteer
- Angelo DePersis, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 14, 2023	Tue	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 15, 2023	Wed	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 16, 2023	Thu	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 17, 2023	Fri	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 18, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC HS Large Gym	
Nov 20, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 21, 2023	Tue	Scrimmage	Sidney	6:00 PM	8:00 PM	JC MS Gym	NL
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	11:00 AM	JC ES Gym	
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	11:00 AM	JC MS Gym	
							Departure Point: HS Departure Date: Nov 25, 2023 Departure Time: 6:45 AM Return Date: Nov 25, 2023 Return Time: 2:45 PM
Nov 25, 2023	Sat	Scrimmage (Super Scrimmage)	@ TBD	TBD	TBD		NL
Nov 27, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 28, 2023	Tue	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 29, 2023	Wed	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Nov 30, 2023	Thu	Regular Season 65-40 W	Union Springs	7:15 PM	8:45 PM	JC HS Large Gym	NL
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym	
Dec 1, 2023	Fri	Regular Season	Chenango Valley, Newfield	7:15 PM	8:45 PM	JC HS Large Gym	NL
Dec 2, 2023	Sat	Regular Season (Mark Woitach Girls Varsity Consolation)	Union Springs, Newfield	11:45 AM	1:15 PM	JC HS Large Gym	NL
Dec 2, 2023	Sat	Regular Season (Mark Woitach Girls Varsity Championship) 40-35 W	Chenango Valley	3:15 PM	5:00 PM	JC HS Large Gym	NL
Dec 4, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 5, 2023	Tue	Practice	N/A	3:15 PM	4:30 PM	JC HS Large Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 6, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym	
Dec 7, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 8, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym	
Dec 9, 2023	Sat	Regular Season (@ Elmira College - Speidel Gym) 65-57 W	@ Elmira	6:00 PM		Elmira College	<p>Departure Point: HS</p> <p>Departure Date: Dec 9, 2023</p> <p>Departure Time: 1:00 PM</p> <p>Return Date: Dec 9, 2023</p> <p>Return Time: 9:00 PM</p>
Dec 11, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Dec 12, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 13, 2023	Wed	Regular Season 61-36 W	Corning-Painted Post	7:15 PM	9:30 PM	JC HS Large Gym	L
Dec 14, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 15, 2023	Fri	Regular Season 54-42 W	Chenango Forks	7:15 PM	9:00 PM	JC HS Large Gym	<p>Departure Point: HS</p> <p>Departure Date: Dec 15, 2023</p> <p>Departure Time: 1:00 PM</p> <p>Return Date: Dec 15, 2023</p> <p>Return Time: 9:00 PM</p>
Dec 16, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	JC ES Gym	
Dec 18, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 19, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Dec 20, 2023	Wed	Regular Season 51-35 W	Maine-Endwell	7:15 PM	9:30 PM	JC HS Large Gym	L
Dec 21, 2023	Thu	Practice	N/A	3:15 PM	4:30 PM	JC HS Large Gym	
Dec 22, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	JC ES Gym	
Dec 23, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	JC ES Gym	
Dec 26, 2023	Tue	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym	
Dec 27, 2023	Wed	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym	
Dec 28, 2023	Thu	Regular Season (Amsterdam College Showcase) 52-38 W	@ Hanover	12:30 PM	5:00 PM	Amsterdam High School Gym	<p>Departure Point: HS</p> <p>Departure Date: Dec 28, 2023</p> <p>Departure Time: 8:00 AM</p> <p>Return Date: Dec 29, 2023</p> <p>Return Time: 6:00 PM</p>
Dec 29, 2023	Fri	Regular Season (Amsterdam College Showcase) 39-56 L	Notre Dame, Utica	5:00 PM		Amsterdam High School Gym	<p>Departure Point: HS</p> <p>Departure Date: Dec 29, 2023</p> <p>Departure Time: 8:00 AM</p> <p>Return Date: Dec 29, 2023</p> <p>Return Time: 6:00 PM</p>
Jan 2, 2024	Tue	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym	
Jan 3, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	

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Jan 4, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	JC HS Large Gym	
Jan 5, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Jan 6, 2024	Sat	Regular Season 48-63 L	@ Horseheads	4:00 PM	6:00 PM	HHS MS Gym	<p>Departure Point: HS</p> <p>Departure Date: Jan 6, 2024</p> <p>Departure Time: 12:00 PM</p> <p>Return Date: Jan 6, 2024</p> <p>Return Time: 7:05 PM</p>
Jan 8, 2024	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Jan 9, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	<p>Departure Point: HS</p> <p>Departure Date: Jan 10, 2024</p> <p>Departure Time: 4:15 PM</p> <p>Return Date: Jan 10, 2024</p> <p>Return Time: 9:15 PM</p>
Jan 10, 2024	Wed	Regular Season 51-48 W	@ Binghamton	7:15 PM	9:30 PM	Binghamton High School-Gym	<p>Departure Point: HS</p> <p>Departure Date: Jan 10, 2024</p> <p>Departure Time: 4:15 PM</p> <p>Return Date: Jan 10, 2024</p> <p>Return Time: 9:15 PM</p>
Jan 11, 2024	Thu	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Jan 12, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Jan 13, 2024	Sat	Regular Season 55-39 W	Vestal	1:45 PM	3:30 PM	JC HS Large Gym	L
Jan 15, 2024	Mon	Practice	N/A	9:00 AM	11:00 AM	JC HS Large Gym	
Jan 17, 2024	Wed	Practice	N/A	3:15 PM	4:30 PM	JC HS Large Gym	
Jan 18, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	<p>Departure Point: HS</p> <p>Departure Date: Jan 19, 2024</p> <p>Departure Time: 4:15 PM</p> <p>Return Date: Jan 19, 2024</p> <p>Return Time: 9:15 PM</p>
Jan 19, 2024	Fri	Regular Season 41-49 L	@ Maine-Endwell	7:15 PM	9:30 PM	Maine-Endwell HS Gym	<p>Departure Point: HS</p> <p>Departure Date: Jan 19, 2024</p> <p>Departure Time: 4:15 PM</p> <p>Return Date: Jan 19, 2024</p> <p>Return Time: 9:15 PM</p>
Jan 20, 2024	Sat	Practice	N/A	8:00 AM	9:30 AM	JC HS Large Gym	
Jan 22, 2024	Mon	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Jan 23, 2024	Tue	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Jan 24, 2024	Wed	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Jan 24, 2024	Wed	Regular Season 43-39 W	@ Union-Endicott	7:15 PM	9:30 PM	UEHS Main Gym	Departure Point: HS Departure Date: Jan 16, 2024 Departure Time: 4:15 PM Return Date: Jan 16, 2024 Return Time: 9:15 PM
Jan 25, 2024	Thu	Practice	N/A	5:15 PM	7:15 PM	JC ES Gym	
Jan 26, 2024	Fri	Practice	N/A	5:15 PM	7:15 PM	JC HS Large Gym	
Jan 27, 2024	Sat	Regular Season 48-60 L	@ Wallkill	4:00 PM	6:00 PM	TBD	Departure Point: HS Departure Date: Jan 27, 2024 Departure Time: 10:30 AM Return Date: Jan 27, 2024 Return Time: 6:00 PM
Jan 29, 2024	Mon	Practice	N/A	3:15 PM	4:30 PM	JC HS Large Gym	
Jan 30, 2024	Tue	Regular Season 71-38 W	Ithaca	7:15 PM	9:30 PM	JC HS Large Gym	L
Jan 31, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 1, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 2, 2024	Fri	Regular Season 79-47 W	Binghamton	7:15 PM	9:30 PM	JC HS Large Gym	L
Feb 3, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	JC HS Large Gym	
Feb 5, 2024	Mon	Practice	N/A	3:30 PM	5:15 PM	JC ES Gym	
Feb 6, 2024	Tue	Regular Season 55-63 L	@ Vestal	7:15 PM	9:30 PM	Vestal High School Gym	Departure Point: HS Departure Date: Feb 6, 2024 Departure Time: 4:15 PM Return Date: Feb 6, 2024 Return Time: 9:15 PM
Feb 7, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	JC ES Gym	
Feb 8, 2024	Thu	Regular Season 45-38 W	Union-Endicott	7:15 PM	9:30 PM	JC HS Large Gym	L
Feb 9, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 13, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 14, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 14, 2024	Wed	Post-Season (STAC Semi-Final) 46-47 L	@ Chenango Forks	6:00 PM		High School - Gym	Departure Time: 4:45 PM
Feb 15, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	

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Feb 16, 2024	Fri	Practice	N/A	9:00 AM	11:00 AM	JC HS Large Gym	
Feb 19, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym	
Feb 20, 2024	Tue	Scrimmage	Susquehanna Valley	4:00 PM	6:00 PM	JC ES Gym	NL
Feb 21, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	JC ES Gym	
Feb 22, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	JC ES Gym	
Feb 23, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	JC ES Gym	
Feb 24, 2024	Sat	Practice	N/A	10:00 AM	11:30 AM	JC ES Gym	
Feb 26, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 27, 2024	Tue	Post-Season (Section IV Class A Semi-Final) 58-44 W	Norwich	6:00 PM	8:00 PM	JC HS Large Gym	NL
Feb 28, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Feb 29, 2024	Thu	Practice	N/A	3:30 PM	5:15 PM	JC ES Gym	
Mar 1, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	JC HS Large Gym	
Mar 3, 2024	Sun	Post-Season (Section IV Class A Championship) 54-32 W	Owego Apalachin	5:00 PM		Floyd L. Maines Veterans Memorial Arena	NL
Mar 4, 2024	Mon	Practice	N/A	3:15 PM	4:45 PM	JC HS Large Gym	
Mar 5, 2024	Tue	Practice	N/A	3:15 PM	4:45 PM	JC HS Large Gym	
Mar 6, 2024	Wed	Practice	N/A	3:15 PM	4:45 PM	JC HS Large Gym	
Mar 7, 2024	Thu	Practice	N/A	3:15 PM	4:45 PM	JC HS Large Gym	
Mar 8, 2024	Fri	Practice	N/A	3:15 PM	4:45 PM	JC HS Large Gym	
Mar 9, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	JC HS Large Gym	
Mar 10, 2024	Sun	Post-Season (NYSPHSAA Class A Regional Final) 52-81 L	Walter Panas	3:30 PM	5:05 PM	Floyd L. Maines Veterans Memorial Arena	Departure Point: HS Departure Date: Mar 10, 2024 Departure Time: 1:15 PM Return Date: Mar 10, 2024 Return Time: 5:30 PM

Date: 2026-01-25