

## Coaches:

- Chris Sinicki, Head Coach
- Nicole Sinicki, Volunteer
- Angelo DePersis, Volunteer

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Nov 15, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Nov 16, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Nov 17, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Nov 18, 2022	Fri	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Nov 19, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	JC HS Large Gym			
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym			
Nov 23, 2022	Wed	Scrimmage	Susquehanna Valley	1:00 PM	3:00 PM	JC MS Gym			NL
Nov 25, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	JC MS Gym			
Nov 26, 2022	Sat	Scrimmage	@ TBD	2:25 PM	7:00 PM	Canandiagua Academy	Bus/Driver: 2 suburbans (10 seater and one other)	Departure Point: HS Departure Date: Nov 26, 2022 Departure Time: 10:30 AM Return Date: Nov 26, 2022 Return Time: 9:00 PM	NL
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym			
Dec 2, 2022	Fri	Regular Season	Chenango Valley, Union Springs	5:00 PM	6:30 PM	JC HS Large Gym			NL
Dec 2, 2022	Fri	Regular Season 55-37 W	Athens	8:30 PM	10:00 PM	JC HS Large Gym			NL
Dec 3, 2022	Sat	Regular Season (Varsity Consolation)	Athens, Chenango Valley	11:45 AM	1:15 PM	JC HS Large Gym			NL
Dec 3, 2022	Sat	Regular Season (Varsity Championship) 60-64 L	Union Springs	3:15 PM	4:30 PM	JC HS Large Gym			NL
Dec 5, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 6, 2022	Tue	Regular Season 70-63 W	Elmira	7:15 PM	9:00 PM	JC HS Large Gym		L
Dec 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Dec 8, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Dec 9, 2022	Fri	Regular Season 65-59 W	@ Corning- Painted Post	7:15 PM	9:00 PM	C P P High School	<b>Departure Time:</b> 4:00 PM	L
Dec 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Dec 17, 2022	Sat	Practice	N/A	8:00 AM	9:30 AM	JC HS Large Gym		
Dec 19, 2022	Mon	Regular Season 41-54 L	@ Maine- Endwell	6:45 PM		Maine- Endwell HS Gym	<b>Departure Time:</b> 4:15 PM	L
Dec 20, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Dec 21, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	JC ES Gym		
Dec 22, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Dec 23, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	JC HS Large Gym		
Dec 26, 2022	Mon	Practice	N/A	9:00 AM	11:00 AM	JC HS Large Gym		
Dec 28, 2022	Wed	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym		
Dec 29, 2022	Thu	Regular Season 48-42 W	@ Chenango Forks	5:15 PM		High School - Gym	<b>Departure Time:</b> 2:15 PM	NL
Dec 30, 2022	Fri	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym		
Jan 2, 2023	Mon	Practice	N/A	11:00 AM	1:00 PM	JC HS Large Gym		
Jan 3, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	JC HS Large Gym		
Jan 4, 2023	Wed	Regular Season 62-48 W	Binghamton	7:15 PM	9:00 PM	JC HS Large Gym		L
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym		
Jan 7, 2023	Sat	Regular Season 66-40 W	Cherry Valley- Springfield	1:00 PM	2:30 PM	JC HS Large Gym		NL
Jan 9, 2023	Mon	Regular Season 57-27 W	Windsor	7:15 PM	8:50 PM	JC HS Large Gym		NL
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 11, 2023	Wed	Regular Season 47-45 W	@ Vestal	7:15 PM	9:00 PM	Vestal High School Baseball Field		<b>Departure Time:</b> 4:45 PM	L
Jan 12, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Jan 14, 2023	Sat	Regular Season 62-45 W	Union- Endicott	3:15 PM	5:00 PM	JC HS Large Gym			L
Jan 16, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	JC HS Large Gym			
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym			
Jan 18, 2023	Wed	Regular Season 54-51 W	Maine- Endwell	7:15 PM	9:00 PM	JC HS Large Gym			L
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Jan 21, 2023	Sat	Regular Season 55-46 W	Horseheads	1:45 PM	3:30 PM	JC HS Large Gym			L
Jan 24, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym			
Jan 26, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	JC ES Gym			
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym			
Jan 28, 2023	Sat	Regular Season 53-51 W	@ Ithaca	1:45 PM	3:30 PM	IHS Bliss Gym (C149)		<b>Departure Time:</b> 10:30 AM	L
Jan 30, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Large Gym			
Feb 1, 2023	Wed	Regular Season 37-52 L	@ Binghamton	7:15 PM	9:00 PM	Binghamton High School- Gym		<b>Departure Time:</b> 4:45 PM	L
Feb 2, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym			
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Feb 4, 2023	Sat	Regular Season 63-51 W	Vestal	1:45 PM	3:30 PM	JC HS Large Gym			L
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Feb 8, 2023	Wed	Regular Season 58-52 W	@ Union- Endicott	7:15 PM	9:00 PM	UEHS Main Gym		<b>Departure Time:</b> 4:45 PM	L
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym			
Feb 10, 2023	Fri	Regular Season	@ Seton Catholic Central	7:15 PM	8:45 PM	Seton CC Gym		<b>Departure Time:</b> 4:45 PM	NL

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	DAT					10.110.		LEAGUE
Feb 13, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Feb 14, 2023	Tue	Post-Season (STAC Semi- final)	Susquehanna Valley	7:00 PM	8:30 PM	JC HS Large Gym		NL
Feb 15, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Feb 16, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	JC HS Large Gym		
Feb 17, 2023	Fri	Post-Season (STAC Championship)	@ Horseheads	5:30 PM	7:00 PM	HHS MS Gym	Departure Point: HS Departure Date: Feb 17, 2023 Departure Time: 3:00 PM Return Date: Feb 17, 2023 Return Time: 8:30 PM	L
Feb 18, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	JC HS Large Gym		
Feb 20, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	JC HS Large Gym		
Feb 21, 2023	Tue	Scrimmage	@ Newark Valley	5:30 PM		Newark Valley High School		NL
Feb 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Feb 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Large Gym		
Feb 25, 2023	Sat	Post-Season (Section IV Class A Semi- Final) 46-52 L	Union- Endicott	1:00 PM	3:00 PM	JC HS Large Gym		NL

Date: 2025-12-19