



Johnson City (B) V Winter Track

Coaches:

- Eric Putman, Head Coach
- Eric Mastroianni, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 18, 2025	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 19, 2025	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 20, 2025	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 21, 2025	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 24, 2025	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Nov 25, 2025	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 1, 2025	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 2, 2025	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 3, 2025	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 4, 2025	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 5, 2025	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 7, 2025	Sun	Regular Season (Bomber Invitational)	@ TBD	9:30 AM		Ithaca College	Departure Point: HS Departure Time: 7:30 AM	L
Dec 8, 2025	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 9, 2025	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 10, 2025	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 11, 2025	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 12, 2025	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 13, 2025	Sat	Regular Season (607 Invitational)	@ TBD	2:00 PM		Cortland State	Departure Point: HS Departure Time: 12:00 PM	L
Dec 15, 2025	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 16, 2025	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 17, 2025	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 18, 2025	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Dec 19, 2025	Fri	Regular Season (Section IV Classic Weight Throw)	@ TBD	5:00 PM		Cortland State	Departure Point: HS Departure Time: 3:30 PM	L
Dec 20, 2025	Sat	Regular Season (Section IV Classic)	@ TBD	9:00 AM		Cortland State	Departure Point: HS Departure Time: 7:15 AM	L
Jan 3, 2026	Sat	Regular Season (Quinney Invitational)	@ TBD	12:30 PM		Cornell University	Departure Point: HS Departure Time: 11:00 AM	L
Jan 5, 2026	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 6, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 7, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 7, 2026	Wed	Regular Season (Winter Invite)	@ TBD	7:30 PM		TBD	Departure Point: HS Departure Time: 6:00 PM	L
Jan 8, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 9, 2026	Fri	Regular Season (Winter Classic Weight Throw)	@ TBD	5:00 PM		Cortland State	Departure Point: HS Departure Time: 3:30 PM	L
Jan 10, 2026	Sat	Regular Season (Winter Classic Invitational)	@ TBD	7:00 PM		Cortland State	Departure Point: HS Departure Time: 5:15 PM	L
Jan 12, 2026	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 13, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 14, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		

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Jan 15, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 16, 2026	Fri	Regular Season (Hurley Invite) @ TBD		4:00 PM		Ithaca College	Departure Point: HS Departure Time: 2:30 PM	L
Jan 20, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 21, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 22, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 22, 2026	Thu	Regular Season (Winter Invite) @ TBD		7:30 PM		Cortland State	Departure Point: HS Departure Time: 6:00 PM	L
Jan 23, 2026	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 26, 2026	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 27, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 28, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 29, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Jan 30, 2026	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 1, 2026	Sun	Regular Season (Finger Lakes Invitational) @ TBD		12:30 PM		Cornell University	Departure Point: HS Departure Time: 11:00 AM	L
Feb 2, 2026	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 3, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 4, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 5, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 6, 2026	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 7, 2026	Sat	Regular Season (Section IV Class Meet) @ TBD		12:30 PM		TBD	Departure Point: HS Departure Time: 11:00 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 9, 2026	Mon	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 10, 2026	Tue	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 11, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 12, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 13, 2026	Fri	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 18, 2026	Wed	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 19, 2026	Thu	Practice	N/A	2:45 PM	4:45 PM	JC HS Weight Room		
Feb 20, 2026	Fri	Post-Season (State Qualifier)	@ TBD	4:00 PM		Ithaca College	Departure Point: HS Departure Time: 2:30 PM	L

Date: 2025-12-31