



Johnson City

(G) V Cheerleading (Winter)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 22, 2025	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Nov 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Nov 25, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 4, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 6, 2025	Sat	Practice	N/A	9:00 AM	12:00 PM	JC MS Gym		
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 12, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 15, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 16, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 18, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 20, 2025	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Dec 22, 2025	Mon	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Dec 23, 2025	Tue	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Dec 29, 2025	Mon	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Dec 30, 2025	Tue	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Jan 2, 2026	Fri	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 5, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 6, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 9, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 12, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 13, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 16, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 17, 2026	Sat	Regular Season (Chenango Valley Competition)	@ TBD	TBD		CV - HS Gym	Departure Point: HS	NL
Jan 17, 2026	Sat	Regular Season (CV Sweetheart Classic)	@ TBD	TBD		CV - HS Gym	Departure Point: HS	L
Jan 20, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 21, 2026	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 22, 2026	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 23, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 24, 2026	Sat	Regular Season (UE Competition)	@ TBD	TBD		UEHS Main Gym	Departure Point: HS	NL
Jan 26, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 27, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 30, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 31, 2026	Sat	Regular Season (Wildcats Winter Competition)	TBD	10:00 AM	1:00 PM	JC HS Large Gym	Departure Point: HS	NL
Feb 2, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 3, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 6, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 7, 2026	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Feb 7, 2026	Sat	Regular Season (STAC Championship)	@ TBD	TBD		UEHS Main Gym	Departure Point: HS	L
Feb 9, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 10, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 12, 2026	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 13, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 17, 2026	Tue	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Feb 18, 2026	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

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Feb 19, 2026	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 20, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 23, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 24, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 25, 2026	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 26, 2026	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 27, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 28, 2026	Sat	Post-Season (Sectionals)	@ TBD	TBD		CV - HS Gym	Departure Point: HS	NL
Mar 2, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 3, 2026	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 4, 2026	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 5, 2026	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 6, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 7, 2026	Sat	Post-Season (State Championships)	@ TBD	TBD		Visions Federal Credit Union Veterans Memorial Arena	Departure Point: HS	NL

Date: 2026-01-10