



Johnson City

(G) V Cheerleading (Winter)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 19, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 22, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 23, 2024	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Nov 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 27, 2024	Wed	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Nov 30, 2024	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 7, 2024	Sat	Practice	N/A	9:15 AM	10:30 AM	JC MS Gym		
Dec 7, 2024	Sat	Regular Season (Regionals)	@ TBD	12:30 PM		Mohegan Sun Arena at Casey Plaza	Departure Point: MS Departure Time: 10:30 AM	NL
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 11, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 13, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 16, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 18, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 23, 2024	Mon	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Dec 27, 2024	Fri	Practice	N/A	9:30 AM	12:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Jan 2, 2025	Thu	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Jan 3, 2025	Fri	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Jan 7, 2025	Tue	Practice	N/A	7:15 PM	8:45 PM	JCHS Small Gym		
Jan 8, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	J C H S		
Jan 10, 2025	Fri	Practice	N/A	5:15 PM	7:00 PM	JC HS Large Gym		
Jan 11, 2025	Sat	Regular Season (JC Wildcat Competition)	TBD	10:00 AM	3:00 PM	JC HS Large Gym		L
Jan 13, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 16, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 17, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 18, 2025	Sat	Regular Season (Chill Vibes 2025)	@ TBD	10:00 AM		UEHS Main Gym	Departure Point: HS Departure Time: 12:50 PM	L
Jan 21, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 24, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Jan 26, 2025	Sun	Regular Season (CV Sweetheart Classic)	@ TBD	10:00 AM		CV - HS Gym	Departure Point: MS Departure Time: 9:15 AM	L
Jan 27, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 28, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 29, 2025	Wed	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Jan 30, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 31, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 1, 2025	Sat	Post-Season (STAC Championship)	Corning-Painted Post (Winter), Elmira (Winter), Horseheads (Winter), Binghamton (Winter), Maine-Endwell (Winter), Union-Endicott (Winter), Vestal (Basketball), Chenango Valley (Winter), Owego Apalachin, Seton Catholic Central, Waverly (Winter), Norwich (Winter), Oneonta (Winter), Susquehanna Valley (Winter), Windsor (Winter)	TBD		JC HS Large Gym	Departure Point: MS	NL
Feb 3, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 4, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 5, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 13, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 14, 2025	Fri	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Feb 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 20, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 22, 2025	Sat	Practice	N/A	11:00 AM	2:00 PM	JC MS Gym		
Feb 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 26, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 27, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 28, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 1, 2025	Sat	Practice	N/A	8:30 AM	10:00 AM	JC MS Gym		
Mar 1, 2025	Sat	Post-Season (Section IV Championship)	@ TBD	11:30 AM	2:00 PM	UEHS Main Gym	Departure Point: MS Departure Date: Mar 1, 2025 Departure Time: 9:45 AM Return Date: Mar 1, 2025 Return Time: 2:15 PM	L
Mar 3, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 4, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 5, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 6, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 7, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 8, 2025	Sat	Practice	N/A	7:00 AM	8:30 AM	JCHS Small Gym		

Mar 8, 2025	Sat	Post-Season (State Championship)	@ TBD	9:00 AM	1:00 PM	Visions Federal Credit Union Veterans Memorial Arena	Departure Point: HS Departure Date: Mar 8, 2025 Departure Time: 8:30 AM Return Date: Mar 8, 2025 Return Time: 1:00 PM	NL
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