



Johnson City

(G) V Cheerleading (Winter)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 22, 2023	Wed	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Nov 25, 2023	Sat	Practice	N/A	9:00 AM	2:00 PM	JC MS Gym		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 10, 2023	Sun	Regular Season (UCA Pocono Regional Competition)	@ TBD	12:30 PM	3:00 PM	Mohegan Sun Arena at Casey Plaza	Departure Point: MS Departure Date: Dec 10, 2023 Departure Time: 9:30 AM Return Date: Dec 10, 2023 Return Time: 5:00 PM	NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Dec 28, 2023	Thu	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Dec 29, 2023	Fri	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Jan 2, 2024	Tue	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 13, 2024	Sat	Regular Season (CV Sweetheart Classic)	@ TBD	10:00 AM		CV - HS Gym	Departure Point: MS Departure Date: Jan 13, 2024 Departure Time: 9:00 AM	L
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 17, 2024	Wed	Practice	N/A	5:30 PM	6:45 PM	JC MS Gym		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 19, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym		
Jan 20, 2024	Sat	Regular Season (Chill Vibes Invitational)	@ TBD	1:30 PM	2:30 PM	UEHS Main Gym	Departure Point: MS Departure Date: Jan 20, 2024 Departure Time: 12:20 PM Return Date: Jan 20, 2024 Return Time: 2:30 PM	L
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 30, 2024	Tue	Practice	N/A	5:45 PM	6:45 PM	JC ES Gym		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 3, 2024	Sat	Regular Season (STAC Championship)	@ TBD	10:45 AM	3:15 PM	Horseheads M S	Departure Point: MS Departure Date: Feb 3, 2024 Departure Time: 8:20 AM Return Date: Feb 3, 2024 Return Time: 3:15 PM	L
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 14, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 20, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 21, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 22, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 23, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 24, 2024	Sat	Post-Season (Sectionals)	@ TBD	11:20 AM	1:00 PM	UEHS Main Gym	Departure Point: MS Departure Date: Feb 24, 2024 Departure Time: 10:00 AM	NL

Date: 2026-02-23