



Johnson City

(G) V Cheerleading (Winter)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 23, 2022	Wed	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Nov 26, 2022	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 12, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym		
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym		
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 19, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym		
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Dec 23, 2022	Fri	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Dec 27, 2022	Tue	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		

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Dec 28, 2022	Wed	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Dec 29, 2022	Thu	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 7, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC ES Gym		
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 11, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 14, 2023	Sat	Regular Season (CV Sweetheart Classic)	@ TBD	10:00 AM		Chenango Valley HS		NL
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 20, 2023	Fri	Regular Season (JC Cheer Competition)	TBD	3:00 PM	8:00 PM	JC ES Gym, JC MS Gym		L
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 28, 2023	Sat	Practice	N/A	7:30 AM	11:15 AM	JC MS Gym		
Jan 28, 2023	Sat	Regular Season (UE Cheer Competition)	@ TBD	12:10 PM		UEHS Main Gym	Departure Point: MS Departure Time: 11:20 AM	NL
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 1, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym		
Feb 2, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 4, 2023	Sat	Post-Season (STAC Championship)	@ TBD	12:40 PM	1:00 PM	HHS MS Gym	Departure Point: HS Departure Time: 10:15 AM	NL
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		

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Feb 17, 2023	Fri	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Feb 18, 2023	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Feb 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	JCHS Small Gym		
Feb 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

Feb 25, 2023	Sat	Post-Season (Sectionals) @ TBD		10:50 AM	1:00 PM	UEHS Main Gym		Departure Point: MS Departure Date: Feb 25, 2023 Departure Time: 9:30 AM Return Date: Feb 25, 2023 Return Time: 2:00 PM	NL
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Date: 2026-02-22