



# Johnson City

## (G) V Cheerleading (Winter)

### Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 16, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 17, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 18, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 19, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 22, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 23, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 24, 2021	Wed	Practice	N/A	12:00 PM	2:00 PM	JC MS Gym			
Nov 27, 2021	Sat	Practice	N/A	12:00 PM	2:00 PM	JC MS Gym			
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Nov 30, 2021	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: 4:15 PM	
Nov 30, 2021	Tue	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym			
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 4, 2021	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym			
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 7, 2021	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: 4:15 PM	
Dec 7, 2021	Tue	Practice	N/A	5:00 PM	7:00 PM	JC MS Gym			
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 10, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 11, 2021	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym			
Dec 14, 2021	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: 4:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 20, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 21, 2021	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: Return Time: 4:15 PM	
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Dec 27, 2021	Mon	Practice	N/A	9:00 AM	12:00 PM	JC MS Gym			
Dec 28, 2021	Tue	Practice	N/A	9:00 AM	12:00 PM	JC MS Gym			
Dec 29, 2021	Wed	Practice	N/A	9:00 AM	12:00 PM	JC MS Gym			
Jan 4, 2022	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: Return Time: 4:15 PM	
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	JC MS Gym			
Jan 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Jan 11, 2022	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: Return Time: 4:15 PM	
Jan 12, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Jan 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			
Jan 15, 2022	Sat	Practice	N/A	9:00 AM	12:00 PM	JC MS Gym			
Jan 18, 2022	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	Bus/Driver: Suburban	Departure Time: 2:40 PM Return Date: Return Time: 4:15 PM	
Jan 18, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	JC ES Gym			
Jan 19, 2022	Wed	Practice	N/A	5:30 PM	7:00 PM	JCHS Small Gym			
Jan 21, 2022	Fri	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym			
Jan 22, 2022	Sat	Practice	N/A	8:30 AM	10:30 AM	JC ES Gym			
Jan 24, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 25, 2022	Tue	Practice (Tumbling Practice)	N/A	3:00 PM	4:00 PM	Head over Heels Gymnastics	<b>Bus/Driver:</b> Suburban	<b>Departure Time:</b> 2:40 PM <b>Return Date:</b> <b>Return Time:</b> 4:20 PM
Jan 26, 2022	Wed	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Jan 27, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Jan 28, 2022	Fri	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Jan 29, 2022	Sat	Practice	N/A	9:30 AM	12:00 PM	JC ES Gym		
Jan 29, 2022	Sat	Regular Season (Chill Vibes Cheerleading Invitational)	@ TBD	10:00 AM		UE High School	<b>Bus/Driver:</b> 2 buses needed	<b>Departure Point:</b> HS <b>Departure Time:</b> 11:55 AM NL
Feb 2, 2022	Wed	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	6:00 PM	JCHS Small Gym		
Feb 5, 2022	Sat	Practice	N/A	10:00 AM	2:00 PM	JC MS Gym		
Feb 6, 2022	Sun	Regular Season (STAC Championship)	@ TBD	TBD		HHS Middle School Field House Gym		<b>Departure Point:</b> HS <b>Departure Time:</b> 10:10 AM L
Feb 9, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 10, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 11, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 12, 2022	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Feb 14, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 15, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 16, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 18, 2022	Fri	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Feb 19, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	JC MS Gym		
Feb 19, 2022	Sat	Regular Season (Sectionals)	@ TBD	1:00 PM	2:00 PM	UE High School		<b>Departure Point:</b> MS <b>Departure Date:</b> Feb 19, 2022 <b>Departure Time:</b> 11:50 AM NL <b>Return Date:</b> Feb 19, 2022 <b>Return Time:</b> 2:30 PM
Feb 22, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 23, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Feb 24, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 26, 2022	Sat	Practice	N/A	10:00 AM	1:00 PM	JC MS Gym		
Feb 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 1, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 2, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 3, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	JC MS Gym		
Mar 5, 2022	Sat	Post-Season (NYSPHSAA State Championships)	@ TBD	TBD		Gordon Field House Rochester Institute of Technology	<b>Departure Point:</b> MS <b>Departure Date:</b> Mar 4, 2022	NL
Mar 6, 2022	Sun	Post-Season	@ TBD	12:00 PM	2:00 PM	Floyd L. Maines Veterans Memorial Arena	<b>Departure Point:</b> HS <b>Departure Date:</b> Mar 6, 2022 <b>Departure Time:</b> 11:00 AM <b>Return Date:</b> Mar 6, 2022 <b>Return Time:</b> 2:00 PM	NL

Date: 2026-01-09