



Johnson City

(G) V Cheerleading (Winter)

Coaches:

- Lydia Mann, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Nov 6, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Nov 7, 2018	Wed	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Nov 8, 2018	Thu	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Nov 9, 2018	Fri	Practice	N/A	3:00 PM	6:00 PM	JC MS Gym		
Nov 13, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 14, 2018	Wed	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 16, 2018	Fri	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 19, 2018	Mon	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Nov 20, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 21, 2018	Wed	Practice	N/A	10:00 AM	12:00 PM	JC ES Gym		
Nov 27, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 28, 2018	Wed	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Nov 30, 2018	Fri	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 1, 2018	Sat	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Dec 4, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 5, 2018	Wed	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 7, 2018	Fri	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 11, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 12, 2018	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD	Departure Time: 2:45 PM Return Date: Return Time: 4:00 PM	
Dec 12, 2018	Wed	Practice	N/A	4:30 PM	6:00 PM	JC HS Weight Room		
Dec 15, 2018	Sat	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Dec 18, 2018	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 19, 2018	Wed	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Dec 27, 2018	Thu	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Dec 28, 2018	Fri	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 2, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Jan 4, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Jan 5, 2019	Sat	Practice	N/A	9:00 AM	2:00 PM	JCHS Small Gym		
Jan 7, 2019	Mon	Practice	N/A	3:00 PM	4:00 PM	JC ES Gym		
Jan 8, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Jan 9, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 2:45 PM Return Date: Return Time: 4:30 PM	
Jan 14, 2019	Mon	Practice	N/A	3:00 PM	4:00 PM	JC ES Gym		
Jan 15, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym		
Jan 18, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Jan 19, 2019	Sat	Practice	N/A	9:00 AM	2:00 PM	JC ES Gym		
Jan 22, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	JC ES Gym		
Jan 23, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 26, 2019	Sat	Regular Season (Fulton Cheer Classic)	@ TBD	10:00 AM		Fulton High School	Departure Time: 6:00 AM	L
POSTPONED Jan 29, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
POSTPONED Jan 30, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Chenango Gymnastics	Departure Time: 2:45 PM Return Date: Return Time: 4:30 PM	
POSTPONED Jan 31, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	JC ES Gym		
Feb 1, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 2, 2019	Sat	Regular Season (UE competition)	TBD	10:00 AM	1:00 PM	UE High School	Departure Point: HS Departure Time: 8:45 AM Return Date: Return Time: 2:00 PM	L
Feb 4, 2019	Mon	Practice	N/A	3:00 PM	4:00 PM	JC ES Gym		
Feb 6, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Chenango Gymnastics	Departure Point: HS Departure Time: 2:45 PM Return Date: Return Time: 4:30 PM	
Feb 7, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 9, 2019	Sat	Practice	N/A	10:00 AM	1:00 PM	JCHS Small Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 11, 2019	Mon	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
POSTPONED Feb 12, 2019	Tue	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Feb 13, 2019	Wed	Practice	N/A	3:00 PM	6:00 PM	JC ES Gym		
Feb 15, 2019	Fri	Practice	N/A	10:00 AM	1:00 PM	JC ES Gym		
Feb 16, 2019	Sat	Regular Season (STAC Competition)	@ TBD	11:00 AM	3:00 PM	HHS Middle School Field House Gym	Departure Time: 9:00 AM Return Date: Return Time: 3:00 PM	L
Feb 18, 2019	Mon	Practice	N/A	11:00 AM	2:00 PM	JCHS Small Gym		
Feb 19, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 20, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 21, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 22, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 23, 2019	Sat	Regular Season (Sectionals)	@ TBD	11:00 AM	3:00 PM	TBD	Departure Time: 9:45 AM Return Date: Return Time: 3:00 PM	L
Feb 25, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 26, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 27, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Feb 28, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		
Mar 1, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC ES Gym		

Date: 2026-01-14