



Ithaca

(B) V Wrestling

Coaches:

- Josh Antoine, Head Coach
- Alex Crooker, Asst Coach
- Derek Adams, Volunteer
- Trey Burlingame, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Dec 2, 2025	Tue	Regular Season	@ Binghamton	5:30 PM		Binghamton High School-Gym	Class Dismissal: 2:30 PM	Departure Point: IHS Departure Time: 2:45 PM	NL
Dec 6, 2025	Sat	Regular Season (Brett Dixon Memorial Duals)	@ TBD	7:30 AM		CS: Paul V. Moore Gymnasium		Departure Point: IHS Departure Time: 5:45 AM	NL
Dec 10, 2025	Wed	Regular Season	@ Elmira	6:30 PM	8:30 PM	EHS Gym	Class Dismissal: 2:45 PM	Departure Point: IHS Departure Time: 3:00 PM	L
Dec 13, 2025	Sat	Regular Season (Wrangle on the Plains)	@ TBD	7:00 AM		Impact Athletic Center		Departure Point: IHS Departure Date: Dec 12, 2025 Departure Time: 6:00 PM	NL
Dec 13, 2025	Sat	Regular Season (Dave Buck Memorial)	@ TBD	8:00 AM		EHS Gym		Departure Point: IHS Departure Time: 7:00 PM	NL
Dec 20, 2025	Sat	Regular Season (Blizzard Brawl)	@ TBD	7:00 AM		TBD		Departure Point: IHS Departure Date: Dec 19, 2025 Departure Time: 6:00 PM	NL
Dec 20, 2025	Sat	Regular Season ("B" team quad dual event)	Elmira, Trumansburg @ Odessa-Montour	10:00 AM		O-M HS Gym		Departure Point: IHS Departure Time: 7:45 AM	NL
Dec 23, 2025	Tue	Regular Season	Homer	6:30 PM		IHS Bliss Gym (C149)			NL
Dec 29, 2025	Mon	Regular Season (Windsor Xmas Tournament)	@ TBD	8:00 AM		Windsor High School		Departure Point: IHS Departure Time: 6:45 AM	NL
Dec 30, 2025	Tue	Regular Season (Windsor Xmas Tournament)	@ TBD	8:00 AM		Windsor High School		Departure Point: IHS Departure Time: 6:45 AM	NL
Jan 3, 2026	Sat	Regular Season (O-M Duals)	Marathon, South Seneca, Whitney Point, Horseheads, Dundee, Elmira Heights @ Odessa-Montour	9:00 AM		O-M HS Gym		Departure Point: IHS Departure Time: 7:00 AM	NL
Jan 6, 2026	Tue	Regular Season	@ Corning-Painted Post	6:30 PM		C P P High School	Class Dismissal: 3:00 PM	Departure Point: IHS Departure Time: 3:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 9, 2026	Fri	Regular Season (Eastern States)	@ TBD	TBD		TBD		Departure Point: IHS	NL
Jan 10, 2026	Sat	Regular Season (Eastern States)	@ TBD	TBD		TBD		Departure Point: IHS	NL
Jan 12, 2026	Mon	Regular Season	@ Norwich	6:30 PM	9:00 PM	NHS Gym	Class Dismissal: 3:30 PM	Departure Point: IHS Departure Time: 3:30 PM	NL
Jan 16, 2026	Fri	Regular Season	Horseheads	6:30 PM	8:30 PM	IHS Bliss Gym (C149)			L
Jan 30, 2026	Fri	Regular Season	@ Union-Endicott	6:30 PM	9:00 PM	UEHS Main Gym	Class Dismissal: 3:00 PM	Departure Point: IHS Departure Time: 3:15 PM	NL

Date: 2025-12-05