



# Ithaca (B) V Wrestling

## Coaches:

- Josh Antoine, Head Coach
- Alex Crooker, Asst Coach
- Derek Adams, Volunteer
- Trey Burlingame, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Regular Season (SCRIMMAGE)	@ Waverly	5:30 PM		Chemung School Gymnasium	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	NL
Nov 30, 2022	Wed	Regular Season 36-36 T	Corning-Painted Post	6:30 PM	9:00 PM	IHS Bliss Gym (C149)			L
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Holland Patent, Owego Apalachin, Elmira Heights, TBD @ Newark Valley	10:00 AM		Newark Valley High School		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Dec 6, 2022	Tue	Regular Season	Binghamton	6:30 PM	9:00 PM	IHS Bliss Gym (C149)			L
Dec 8, 2022	Thu	Regular Season 46-3 W	Johnson City	6:30 PM	9:00 PM	IHS Bliss Gym (C149)			L
Dec 10, 2022	Sat	Regular Season (Elmira Dave Buck Memorial Tournament)	@ TBD	8:00 AM		EHS Gym		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	NL
Dec 22, 2022	Thu	Regular Season	@ Maine-Endwell	6:30 PM	9:00 PM	Maine-Endwell HS Gym	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Dec 28, 2022	Wed	Regular Season (Haines Memorial Invitational)	@ TBD	7:30 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Date:</b> Dec 28, 2022 <b>Departure Time:</b> 5:15 AM <b>Return Date:</b> Dec 29, 2022 <b>Return Time:</b> 8:00 PM	NL

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Dec 29, 2022	Thu	Regular Season (Haines Memorial Invitational)	@ TBD	7:30 AM		TBD			NL
Jan 7, 2023	Sat	Regular Season (Justin Rodgers)	@ TBD	7:30 AM		High School Gym		<b>Departure Point:</b> IHS <b>Departure Time:</b> 6:15 AM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Jan 10, 2023	Tue	Regular Season (SENIOR NIGHT) 21-49 L	Vestal	6:30 PM	9:00 PM	IHS Bliss Gym (C149)			L
Jan 13, 2023	Fri	Regular Season (Eastern States)	@ TBD	TBD		TBD			NL
Jan 14, 2023	Sat	Regular Season (Eastern States)	@ TBD	TBD		TBD			NL
Jan 18, 2023	Wed	Regular Season	@ Union-Endicott	6:30 PM	9:00 PM	UEHS Main Gym	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Jan 20, 2023	Fri	Regular Season (STAC Championships )	@ TBD	5:00 PM		OFA Gymnasium	<b>Class Dismissal:</b> 1:45 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
Jan 21, 2023	Sat	Regular Season (STAC Championships )	@ TBD	TBD		OFA Gymnasium		<b>Departure Point:</b> IHS <b>Departure Time:</b> 6:00 AM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Jan 31, 2023	Tue	Regular Season	@ Horseheads	6:30 PM	9:00 PM	HHS HS North Gym	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Feb 2, 2023	Thu	Regular Season	@ Elmira	7:30 PM		EHS Gym		<b>Departure Point:</b> IHS <b>Departure Time:</b> 4:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
CANCELLED Feb 4, 2023	Sat	Regular Season	@ Elmira	TBD		Cornell University			L
Feb 11, 2023	Sat	Post-Season (Sectionals)	@ TBD	7:30 AM	7:00 PM	TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 5:45 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L

Date: 2026-05-04

