



Ithaca

(B) V Winter Track

Coaches:

- Lauren Lansdowne, Head Coach
- Rebecca Lovenheim, Head Coach
- Tevin Smith, Asst Coach
- Amy Boscia, Asst Coach
- Brandon Cornell, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2025	Sun	Regular Season (Ithaca Bomber Invitational)	@ TBD	9:30 AM		Ithaca College		Departure Point: IHS Departure Time: 8:15 AM	L
Dec 12, 2025	Fri	Regular Season (607 Invitational (Weight Throws))	@ TBD	5:00 PM		SUNY Cortland	Class Dismissal: 3:30 PM	Departure Point: IHS Departure Time: 3:45 PM	L
Dec 13, 2025	Sat	Regular Season (607 Invitational)	@ TBD	2:00 PM		SUNY Cortland		Departure Point: IHS Departure Time: 12:15 PM	L
Dec 19, 2025	Fri	Regular Season (Section IV Invitational (Weight Throwing))	@ TBD	5:00 PM		SUNY Cortland	Class Dismissal: 3:30 PM	Departure Point: IHS Departure Time: 3:45 PM	L
Dec 20, 2025	Sat	Regular Season (Section IV Invitational)	@ TBD	2:00 PM		SUNY Cortland		Departure Point: IHS Departure Time: 12:15 PM	L
Dec 30, 2025	Tue	Regular Season (Showman Showdown)	@ TBD	8:30 AM		SUNY Cortland		Departure Point: IHS Departure Time: 7:15 AM	NL
Jan 3, 2026	Sat	Regular Season (Quinney Invitational)	@ TBD	12:30 PM		Cornell University		Departure Point: IHS Departure Time: 11:45 AM	L
Jan 9, 2026	Fri	Regular Season (Winter Classic (Weight Throwing))	@ TBD	7:30 PM		SUNY Cortland		Departure Point: IHS Departure Time: 6:15 PM	L
Jan 10, 2026	Sat	Regular Season (Winter Classic)	TBD	2:00 PM		SUNY Cortland		Departure Point: IHS Departure Time: 12:15 PM	L
Jan 16, 2026	Fri	Regular Season (Hurley Invitational)	@ TBD	4:00 PM		Ithaca College	Class Dismissal: 3:00 PM	Departure Point: IHS Departure Time: 3:15 PM	L
Jan 31, 2026	Sat	Regular Season (Penn Relays)	@ TBD	TBD		TBD		Departure Point: IHS	NL
Feb 1, 2026	Sun	Regular Season (Finger Lakes Invitational)	@ TBD	12:30 PM		Cornell University		Departure Point: IHS Departure Time: 11:45 AM	L
Feb 7, 2026	Sat	Regular Season (Section IV Class Meet)	@ TBD	1:00 PM		Cornell University		Departure Point: IHS Departure Time: 11:45 AM	L
Feb 20, 2026	Fri	Regular Season (Section IV Championships)	@ TBD	4:00 PM		Ithaca College		Departure Point: IHS Departure Time: 3:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 6, 2026	Fri	Post-Season (NYSPHSAA Championships)	TBD	1:00 PM		Ocean Breeze Track and Field Complex	Departure Point: IHS		NL
Mar 7, 2026	Sat	Post-Season (NYSPHSAA Championships)	@ TBD	8:30 AM		Ocean Breeze Track and Field Complex	Departure Point: IHS Departure Date: Mar 6, 2026		NL

Date: 2025-12-05