



Ithaca (G) V Winter Track

Coaches:

- Lauren Lansdowne, Head Coach
- Rebecca Lovenheim, Head Coach
- Tevin Smith, Asst Coach
- Amy Boscia, Asst Coach
- Brandon Cornell, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2019	Sat	Meet (607 Invite)	Vs. Multiple	1:00 PM	3:00 PM	SUNY Cortland	Departure Time: 11:15 AM Return Date: Return Time: 3:30 PM	NL
Dec 14, 2019	Sat	Meet (Ithaca Bomber HS Invite)	Vs. Multiple	9:00 AM		Ithaca College		NL
Dec 21, 2019	Sat	Meet (Quinney Invite)	Vs. Multiple	2:00 PM		SUNY Cortland		NL
Jan 4, 2020	Sat	Meet (Section IV Classic)	Vs. Multiple	12:30 PM		Cornell University	Departure Point: IHS Departure Time: 11:45 AM Return Date: Return Time: 5:30 PM	NL
Jan 10, 2020	Fri	Meet (Section IV Class Meet)	Vs. Multiple	5:00 PM		Ithaca College		NL
Jan 17, 2020	Fri	Meet (Hurley Invite)	Vs. Multiple	5:00 PM		Ithaca College	Departure Point: Lake street Departure Time: 3:45 PM Return Date: Return Time: 7:45 PM	NL
Jan 18, 2020	Sat	Meet (Finger Lakes Sub Varsity Invite)	Vs. Multiple	1:30 PM		Cornell University	Departure Point: IHS Departure Time: 10:30 AM Return Date: Return Time: 1:30 PM	NL
Feb 1, 2020	Sat	Regular Season (Open Meet)	@ TBD	4:30 PM		SUNY Cortland	Departure Point: IHS Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	L
Feb 15, 2020	Sat	Meet (Section IV Championships)	Vs. Multiple	12:30 PM		Cornell University	Departure Point: IHS Departure Time: 11:45 AM Return Date: Return Time: 4:30 PM	NL

Date: 2026-01-30