



Ithaca

(G) V Winter Track

Coaches:

- Lauren Lansdowne, Head Coach
- Rebecca Lovenheim, Head Coach
- Tevin Smith, Asst Coach
- Amy Boscia, Asst Coach
- Brandon Cornell, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2018	Sat	Regular Season (607 Invite)	@ TBD	1:00 PM	3:00 PM	Cortland State	Departure Time: 11:15 AM Return Date: Return Time: 3:30 PM	L
Dec 8, 2018	Sat	Regular Season (Ithaca Bombers)	@ Notre Dame, Elmira	9:00 AM	11:00 AM	Ithaca College	Departure Time: 7:30 AM Return Date: Return Time: 11:30 AM	L
Dec 15, 2018	Sat	Regular Season (Finger Lakes Invite)	@ TBD	9:00 AM	11:00 AM	Cortland State	Departure Time: 7:15 AM Return Date: Return Time: 11:30 AM	L
Dec 21, 2018	Fri	Regular Season (Section IV Classic)	@ TBD	5:00 PM	7:00 PM	Cortland State	Departure Time: 3:15 PM Return Date: Return Time: 7:30 PM	L
Dec 29, 2018	Sat	Regular Season (Winterfest Invite)	@ TBD	1:00 PM	3:00 PM	Cortland State	Departure Time: 11:15 AM Return Date: Return Time: 3:30 PM	L
Jan 4, 2019	Fri	Meet (Quinney Invite)	Vs. Multiple	5:00 PM	7:00 PM	Cortland State	Departure Time: 3:15 PM Return Date: Return Time: 7:30 PM	NL
Jan 18, 2019	Fri	Regular Season (Hurley Invite)	@ Notre Dame, Elmira	5:00 PM	7:00 PM	Ithaca College	Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Jan 25, 2019	Fri	Meet (Ithaca at Rochester)	Vs. Multiple	6:00 PM	8:00 PM	RIT Arena	Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	NL
Feb 8, 2019	Fri	Meet (Ithaca at Rochester)	Vs. Multiple	6:00 PM	8:00 PM	RIT Arena	Departure Time: 2:30 PM Return Date: Return Time: 8:30 PM	NL
Feb 15, 2019	Fri	Regular Season (sectionals)	@ Notre Dame, Elmira	5:00 PM	7:00 PM	Ithaca College	Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Feb 23, 2019	Sat	Meet (State Qualilfier)	Vs. Multiple	9:00 AM	11:00 PM	Cornell University	Departure Time: 8:00 AM Return Date: Return Time: 11:30 PM	NL
Mar 2, 2019	Sat	Meet (NY State Meet)	Vs. Multiple	TBD		TBD		NL

