



# Ithaca (G) V Outdoor Track

## Coaches:

- Rebecca Lovenheim, Head Coach
- Amy Boscia, Asst Coach
- Lauren Lansdowne, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 28, 2024	Thu	Regular Season (Rotary Relays- Chenango Forks)	@ TBD	4:30 PM		TBD	Class Dismissal: 2:15 PM	Departure Point: IHS Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
Apr 9, 2024	Tue	Regular Season	Norwich	4:30 PM	7:30 PM	IHS Moresco Stadium			NL
Apr 13, 2024	Sat	Regular Season (NY/PA Invitational)	@ TBD	10:00 AM		Windsor High School Track		Departure Time: 7:45 AM Return Date: Return Time: 5:00 PM	L
Apr 16, 2024	Tue	Regular Season 96-42 W	Elmira (Elmira Express)	4:30 PM	7:30 PM	IHS Moresco Stadium			L
Apr 20, 2024	Sat	Regular Season (Square Deal Invite -Johnson City)	@ TBD	10:00 AM		TBD		Departure Point: IHS Departure Time: 7:45 AM	L
Apr 23, 2024	Tue	Regular Season 96-30 W	Susquehanna Valley	5:00 PM	7:30 PM	IHS Moresco Stadium			NL
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Lansing, Candor (Candor), Groton, Solvay, Horseheads, Tioga, Auburn, Maine-Endwell, Newfield	5:00 PM	10:00 PM	IHS Moresco Stadium			L
Apr 30, 2024	Tue	Regular Season 67-70 L	Horseheads	5:00 PM	8:00 PM	IHS Moresco Stadium			L
May 4, 2024	Sat	Regular Season (Blue Shoes Invite - Horseheads)	@ TBD	9:00 AM		TBD		Departure Point: IHS Departure Time: 7:15 AM	L
May 7, 2024	Tue	Regular Season (Senior Night)	@ Corning- Painted Post	5:30 PM		Corning Memorial Stadium	Class Dismissal: 3:15 PM	Departure Point: IHS Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
May 9, 2024	Thu	Regular Season (Loucks Games - White Plains, NY)	@ TBD	TBD		TBD		Departure Point: IHS	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 15, 2024	Wed	Post-Season (STAC Championships - Johnson City)	@ TBD	4:30 PM		TBD	Class Dismissal: 1:45 PM	Departure Point: IHS Departure Time: 2:00 PM	L
May 22, 2024	Wed	Regular Season (Sectional State Qualifier)	Corning-Painted Post, Horseheads, Binghamton, Union-Endicott, Vestal @ Elmira (Elmira Express)	5:00 PM		EHS Stadium	Class Dismissal: 2:45 PM	Departure Point: IHS Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 29, 2024	Wed	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: IHS Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
May 30, 2024	Thu	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: IHS Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Jun 7, 2024	Fri	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	11:30 AM		TBD		Departure Point: IHS Departure Time: 8:30 AM	NL
Jun 8, 2024	Sat	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	10:00 AM		TBD		Departure Point: IHS Departure Time: 8:00 AM	NL

Date: 2026-01-14