



# Ithaca

## (G) V Outdoor Track

### Coaches:

- Rebecca Lovenheim, Head Coach
- Cole Clemons, Asst Coach
- Ian Golden, Asst Coach
- Khiry Brown, Asst Coach
- Amy Boscia, Volunteer
- Lauren Lansdowne, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 28, 2024	Thu	Regular Season (Rotary Relays-Chenango Forks)	@ TBD	4:30 PM		TBD	<b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Apr 9, 2024	Tue	Regular Season	Norwich	4:30 PM	7:30 PM	IHS Moresco Stadium			NL
Apr 13, 2024	Sat	Regular Season (NY/PA Invitational)	@ TBD	10:00 AM		Windsor High School Track		<b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	L
Apr 16, 2024	Tue	Regular Season 96-42 W	Elmira (Elmira Express)	4:30 PM	7:30 PM	IHS Moresco Stadium			L
Apr 20, 2024	Sat	Regular Season (Square Deal Invite -Johnson City)	@ TBD	10:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:45 AM	L
Apr 23, 2024	Tue	Regular Season 96-30 W	Susquehanna Valley	5:00 PM	7:30 PM	IHS Moresco Stadium			NL
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Trumansburg, Newark Valley, Geneva, Rome Free Academy, West Canada Valley, Lansing, Candor (Candor), Groton, Solvay, Horseheads, Tioga, Auburn, Maine-Endwell, Newfield	5:00 PM	10:00 PM	IHS Moresco Stadium			L
Apr 30, 2024	Tue	Regular Season 67-70 L	Horseheads	5:00 PM	8:00 PM	IHS Moresco Stadium			L
May 4, 2024	Sat	Regular Season (Blue Shoes Invite - Horseheads)	@ TBD	9:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:15 AM	L
May 7, 2024	Tue	Regular Season (Senior Night)	@ Corning-Painted Post	5:30 PM		Corning Memorial Stadium	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2024	Thu	Regular Season (Loucks Games - White Plains, NY)	@ TBD	TBD		TBD		Departure Point: IHS	L
May 15, 2024	Wed	Post-Season (STAC Championships - Johnson City)	@ TBD	4:30 PM		TBD	Class Dismissal: 1:45 PM	Departure Point: IHS Departure Time: 2:00 PM	L
May 22, 2024	Wed	Regular Season (Sectional State Qualifier)	Corning-Painted Post, Horseheads, Binghamton, Union-Endicott, Vestal @ Elmira (Elmira Express)	5:00 PM		EHS Stadium	Class Dismissal: 2:45 PM	Departure Point: IHS Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
May 29, 2024	Wed	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: IHS Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
May 30, 2024	Thu	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: IHS Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Jun 7, 2024	Fri	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	11:30 AM		TBD		Departure Point: IHS Departure Time: 8:30 AM	NL
Jun 8, 2024	Sat	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	10:00 AM		TBD		Departure Point: IHS Departure Time: 8:00 AM	NL

Date: 2024-05-17