



# Ithaca

## (B) V Outdoor Track

### Coaches:

- Rebecca Lovenheim, Head Coach
- Cole Clemons, Asst Coach
- Ian Golden, Asst Coach
- Khiry Brown, Asst Coach
- Laura Barre, Volunteer
- Amy Boscia, Volunteer
- Lauren Lansdowne, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 28, 2024	Thu	Regular Season (Rotary Relays-Chenango Forks)	@ TBD	4:30 PM		TBD	<b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Apr 13, 2024	Sat	Regular Season (NY/PA Invitational)	@ TBD	10:00 AM		Windsor High School Track		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	L
Apr 20, 2024	Sat	Regular Season (Square Deal Invite -Johnson City)	@ TBD	10:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:45 AM	L
May 4, 2024	Sat	Regular Season (Blue Shoes Invite -Horseheads)	@ TBD	9:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:15 AM	L
May 7, 2024	Tue	Regular Season (Senior Night)	@ Corning-Painted Post	5:30 PM		Corning Memorial Stadium	<b>Class Dismissal:</b> 3:15 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
May 9, 2024	Thu	Regular Season (Loucks Games -White Plains, NY)	@ TBD	TBD		TBD		<b>Departure Point:</b> IHS	L
May 10, 2024	Fri	Regular Season (Loucks Games -White Plains, NY)	@ TBD	TBD		TBD		<b>Departure Point:</b> IHS	NL
May 15, 2024	Wed	Post-Season (STAC Championships -Johnson City)	@ TBD	4:30 PM		JC Wildcat Stadium	<b>Class Dismissal:</b> 2:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:15 PM	L
May 22, 2024	Wed	Regular Season (Sectional State Qualifier)	Corning-Painted Post, Horseheads, Binghamton, Union-Endicott, Vestal @ Elmira (Elmira Express)	5:00 PM		EHS Stadium	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 29, 2024	Wed	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	<b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
May 30, 2024	Thu	Post-Season (State Qualifiers - Union Endicott)	@ TBD	5:00 PM		TBD	<b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Jun 7, 2024	Fri	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	11:30 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 8:30 AM	NL
Jun 8, 2024	Sat	Post-Season (State Championships - Cicero North Syracuse)	@ TBD	10:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 8:00 AM	NL

Date: 2024-05-03